



## 2019 Speedo Junior National Championships Avery Aquatic Center Stanford, CA

Heats Begin at 9:00am

Finals Begin at 5:00pm

Women's Events	Day 1- Tuesday, August 6	Men's Events
1	200 Butterfly	2
3	100 Breaststroke	4
5	Women's 800 Freestyle	
	Men's 1500 Freestyle	6
	Day 2 - Wednesday, August 7	
7	200 Backstroke	8
9	100 Freestyle	10
11	400 IM	12
13	400 Free Relay	14
	Day 3 - Thursday, August 8	
15	400 Freestyle	16
17	100 Butterfly	18
	Men's 800 Free Relay	19
	Day 4 - Friday, August 9	
20	200 Freestyle	21
22	200 Breaststroke	23
24	100 Backstroke	25
26	Women's 800 Free Relay	
	Day 5 - Saturday, August 10	
27	200 Individual Medley	28
29	Women's 1500 Freestyle	-
30	50 Freestyle	31
-	Men's 800 Freestyle	32
33	400 Medley Relay	34

In the morning session only, heats for events 29 and 32 will be swum after event 31

All relays will be timed finals with all heats swum in the evening session