

2019 Louisiana 8 & Under Regional Championship

March 16, 2019

Hosted by: Francos Fins

Meet Sanction and Host Team

This meet is sanctioned by Louisiana Swimming, Inc.,

Sanction # 2019-03-02

Meet Administration

Ty Dolese Meet Referee

Ty Dolese Meet Director

rfritscher@myfrancos.com

Meet Schedule

Saturday, March 16, 2019 Warm ups start at 9am (three 20 minute warm ups); Meet starts at 10:30am

Location

UNO Lakefront Arena; 6801 Franklin Avenue; New Orleans, La 70148

Facilities

*Indoor, heated, 8 lane 50 meter pool with movable bulkhead. Meet will be held in 25 yard course with non-turbulent lane ropes. Pool depth is 16 feet in the deep end, 4 feet in the shallow end. All races will take place in the deep end. Separate warm up area available. **The competitive course has been certified in accordance with USA Swimming Technical Rule 104.2.2C(4).***

The copy of such certification is on file with USA Swimming.

Timing

Colorado automatic timing system with two buttons will be the primary system.

Secondary system will be manual/electronic with 1 digital watch per lane.

A second watch by the head timer will be on 1st place in each heat.

Rules, Regulations and General Information

- 1. Conduct of this sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming and Louisiana Swimming.*
- 2. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.*
- 3. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.*
- 4. All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming.*
- 5. All coaches and officials MUST constantly display their current USA Swimming credential or be prepared to present their USA Swimming ID card as proof of their registration to the Meet Director or designee at any time. The meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.*
- 6. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.*
- 7. No entrant will be permitted to compete; unless the entrant is a member of USA Swimming as provided in Article 302. **This meet is open to 2019 USA Swimming registered swimmers 8 years of age and younger.***
- 8. **Age as of March 16, 2019 determines the swimmer's age for the meet.***

9. All events will be timed finals.
10. **Swimmers may enter 4 individual events and 2 relay events.**
11. **There is an LSI surcharge of \$12.00 and \$3.00 heat sheet fee per entered swimmer. Fees are \$3.50 per individual event and \$8.00 per relay payable to "Francos Athletic Club".**
12. Swimmers with a disability as described in the USA Swimming Technical Rules, Article 105, shall be permitted to enter any meet sanctioned by Louisiana Swimming.
13. The locker room areas and shower facilities will be restricted to use for restrooms, changing area and bathing only. No horseplay, eating or "hanging out" in this area.
14. Changing into or out of swimsuits other than in locker rooms or other designated areas is not allowed.
15. It is understood and agreed that USA Swimming and Louisiana Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Warm-up & Procedures

Lane assignments for warm-up sessions will be posted prior to Saturday's warm-ups. There will be three 20 minute warm up sessions. **USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative.**

Timing Assignments

Each team will provide timers in proportion to meet entries in a session. Timers will report 10 minutes prior to the start of each session.

Clerk of Course

One Coach from each team must work the clerk of course to ensure the meet runs smoothly, All other spectators WILL NOT BE ALLOWED in the Clerk of Course area.

Entry Fees per swimmer:

\$3.50 per event

\$8.00 per relay

\$15.00 surcharge (includes \$3.00 heat sheet fee) per swimmer.

Heat sheets will be posted online for printing.

All Fees payable to Francos Athletic Club

Entry Procedure

Entries are due in the hand of the meet director no later than Friday, March 8, 2019.

Electronic **Entries must be emailed to: rfritscher@myfrancos.com No on-deck entries allowed.**

Entry fee check for correct amount of fees payable to Francos Athletic Club must accompany entries or paid before events are contested if entries sent by e-mail.

Scoring

The top 16 places in each event will be scored.

Individual 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards

***Top 3 finishers in each event will receive medals & 4th-16th finishers in each event will receive ribbons.**

***High point awards will be awarded to the top male and female point scorers in the 6 & under, 7 years and 8 years age groups.**

***Team trophies will be presented to the top 3 teams based on combined male and female points, for individual and relays.**

Coaches Meetings

Any necessary meetings will take place 15 minutes prior to the start of the session's events, or when deemed necessary by the meet referee.

Event Schedule:

Saturday, March 16

Female		Male
1	8 & U 100 yd Free Relay	2
3	6 & U 100 yd Free Relay	4
5	8 YR 50 yd freestyle	6
7	7 & U 50 yd freestyle	8
9	8 Yr 25 yd back	10
11	7 Yr 25 yd back	12
13	6 & U 25 yd back	14
15	8 Yr 25 yd breast	16
17	7 Yr 25 yd breast	18
19	6 & U 25 yd breast	20
21	8 Yr 25 yd free	22
23	7 Yr 25 yd free	24
25	6 & U 25 yd free	26
27	8 Yr 25 yd fly	28
29	7 Yr 25 yd fly	30
31	6 & U 25 yd fly	32
33	8 YR 100 yd IM	34
35	7 & U 100 yd IM	36
37	6 & U 100 yd Medley Relay	38
39	8 & Y 100 yd Medley Relay	40