



CA Senior Fun Meet

Crawfish Aquatics Pool, Baton Rouge, LA

December 15, 2018

Each year we partner with a local group to meet immediate needs. For the 2018 meet, families are asked to bring food donations for the BR Food Bank.

Meet Schedule

December 15, 2018

13 & Older warm up- 1:30-1:55pm 2:05pm Start

******Time will be confirmed the week of the meet***

Facilities

-Crawfish Aquatics, located inside Ketcham Health & Fitness Bldg., campus of Jimmy Swaggart Ministries, **7150 Bluebonnet Boulevard, Baton Rouge, La. 70810**

-Indoor, heated, eight-lane 25 yard pool. Non- turbulent lane ropes, lane width seven feet

-Separate warm-up/warm-down area available.

Entries- Each swimmer may enter a maximum of 3 events. This is a non-sanctioned meet.

Entry Fees

-\$5 athlete surcharge (no individual event fee)

**Bring a toy for Toys for Tots*

Meet Program

The meet program ("heat sheet") will be posted online (www.crawfishaquatics.com)

EVENT SCHEDULE

Senior Black/White/Red groups

- 1 100 IM (you pick order)
- 2 50 Flutter Kick Board
- 3 50 Underwater Dolphin Kick with fins
- 4 100 Random Stroke- Wheel
- 5 Relay- TBD on site by coaches

