



Crawfish Aquatics

2019 LA Summer Meet

Crawfish Aquatics Pool, Baton Rouge, LA

June 21-22, 2019

Meet Sanction and Host Team

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #
Crawfish Aquatics, LLC Meet Host

Meet Administration

Ron Moore Meet Referee
Billy Newport Meet Director / Meet Entries, meets@crawfishaquatics.com

Meet Schedule

Session 1	Friday, June 21	warm-up: 4:30PM	meet: 5:30PM
Session 2	Saturday, June 22	warm-up: 7:30am	meet: 8:15AM
Session 3	Saturday, June 22	warm up: 11:00am (to be confirmed week of meet)	
Session 4	Saturday, June 22	Session begins 10 minutes following completion of Session 3	

Facilities

- Crawfish Aquatics, located inside Ketcham Health & Fitness Bldg., campus of Jimmy Swaggart Ministries, **7150 Bluebonnet Boulevard, Baton Rouge, La. 70810**
- Parking is located adjacent to the pool and on the side of the building.
- Indoor, heated, eight-lane 50 meter pool. Non- turbulent lane ropes, lane width seven feet.
- Separate warm-up/warm-down area available.
- Colorado 6000 electronic timing system with Infinity starter, touch pads with button and stopwatch backup.

Parking

Crawfish Aquatics parking lot is located off of Anselmo Lane. Do not park in the Ketcham Fitness lot off of Bluebonnet! From Bluebonnet, turn on Anselmo and follow it past the Capitol One Bank. Turn left at the first paved road, Crawfish Aquatics sign. Continue 1/4 mile, the pool is in the first building on the left.

Rules and Meet Regulations

- Conduct of this sanctioned event shall conform in every respect to all technical and administrative 2019 rules of USA Swimming and Louisiana Swimming.
- “Swimmers with a disability as described in the USA Swimming Technical Rules, Article105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc.”
- Coaches and officials (meet directors, referees, starters, and stroke and turn judges) are required to show proof of USA Swimming membership. The Meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.
- All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming.
- It is understood and agreed that USA Swimming and Louisiana Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Pool Measurement and Depth

The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

The water depth as measured for 1 meter from the wall to 5 meters from the wall is as follows:

Start End: 13'

Turn End: 13'

Eligibility

-The meet is open to USA Swimming teams, with current USA Swimming registration.

-Swimmer's age as of June 21 determines age for the meet.

-Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entries- Each swimmer may enter a maximum of:

Friday, Session 1- 3 individual events

Saturday- 4 individual events for the day; 1 event only for Session 3

Adjustment to Session Schedule based on entries & timelines-

If needed, meet management reserves the right to adjust the Saturday session into 2 separate sessions with the 800/1500 Free merging into the second session of that day.

Entry Deadline

-Friday, June 14, 2019.

-Email entries to meets@crawfishaquatics.com

Entry Fees

\$3.50 per event

\$8.00 LA Swimming swimmer surcharge,

\$7.00 facility charge (per swimmer)- includes digital heat sheet

*Fees payable to **Crawfish Aquatics***

Conduct

-All timed final events will be swum slowest to fastest and mixed gender.

Scoring and Awards

-This is a non-scored, non-awards meet.

Timing Assignments

-Each team will provide timers in proportion to meet entries in a session.

-Timers will report 10 minutes prior to the start of each session.

- 800/1500 Free will be provide your own timer.

Warm-up & Procedures

-Lane assignments to be announced prior to the start of warm-up.
 -USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative. The Meet Referee shall assist the athlete in making arrangements for such supervision.

Deck Changing:

Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

Hotel Accommodations for Traveling Participants

See website for booking information and rates: <http://www.crawfishaquatics.com>

ORDER OF EVENTS:

<u>Mixed</u>	Friday, Session 1	<u>Mixed</u>	Saturday, 13 & O, Session 3
1	Open 50 Free	15	200 Breast
2	Open 50 Breast	16	100 Back
3	Open 200 IM	17	200 Fly
4	Open 50 Back	18	100 Free
5	Open 50 Fly	19	100 Breast
6	13 & O 200 Free	20	200 Back
		21	100 Fly
<u>Mixed</u>	Saturday, 12 & U, Session 2	<u>Mixed</u>	Saturday, Session 3
7	200 Free	22	800 Free
8	100 Back	23	1500 Free
9	200 Breast		
10	100 Free		
11	200 Fly		
12	100 Breast		
13	200 Back		
14	100 Fly		