



LA 2019 Crawfish Aquatics Winter Invitational

Crawfish Aquatics Pool, Baton Rouge

February 1-3, 2019

Meet Sanction and Host Team

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #
Crawfish Aquatics, LLC Meet Host

Meet Administration

Ron Moore Meet Referee
Billy Newport Meet Director, meets@crawfishaquatics.com

Meet Schedule

Session 1	Friday	warm-up: 4:30pm	meet: 5:15pm
Session 2	Saturday 13 & Older	warm-up: 7:00am/7:30am	meet: 8:15am
Session 3	Saturday 12 & Under	warm-up: 12:00pm	meet: 1:00pm
Session 4	Sunday 13 & Older	warm-up: 7:00am/7:30am	meet: 8:15am
Session 5	Sunday 12 & Under	warm-up: 12:00pm	meet: 1:00pm

**Session 3 & 5 subject to change in time earlier or later based on meet entries & timelines*

Facilities

- Crawfish Aquatics, located inside Ketcham Health & Fitness Bldg., campus of Jimmy Swaggart Ministries, **7150 Bluebonnet Boulevard, Baton Rouge, La. 70810**
- Indoor, heated, eight-lane 25 yard pool. Non- turbulent lane ropes, lane width seven feet
- Separate warm-up/warm-down area available.
- Colorado 6000 electronic timing system with Infinity starter, touch pads with button and stopwatch backup.

Parking

Crawfish Aquatics parking lot is located off of Anselmo Lane. Do not park in the Ketcham Fitness lot off of Bluebonnet! From Bluebonnet, turn on Anselmo and follow it past the Capitol One Bank. Turn left at the first paved road, Crawfish Aquatics sign. Continue 1/4 mile, the pool is in the first building on the left.

Rules and Meet Regulations

-Conduct of this sanctioned event shall conform in every respect to all technical and administrative 2019 rules of USA Swimming and Louisiana Swimming.

-“Swimmers with a disability as described in the USA Swimming Technical Rules, Article105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc.”

-Coaches and officials (meet directors, referees, starters, and stroke and turn judges) are required to show proof of USA Swimming membership. The Meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.

-All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming.

-It is understood and agreed that USA Swimming and Louisiana Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

-Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Pool Measurement and Depth

-The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

The water depth as measured for 1 meter from the wall to 5 meters from the wall is as follows:

Start End: 13' Turn End: 4'

Eligibility

-The meet is open to invited USA Swimming-registered swimmers.

- No entrant will be permitted to compete unless the entrant is a member of USA Swimming as provided in Article 302.

-Swimmer's age as of February 1, 2019 determines age for the meet.

-Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entries- Each swimmer may enter a maximum of:

Friday, Session 1- 2 individual events

Saturday, Session 2- 3 individual events

Saturday, Session 3- 3 individual events

Sunday, Session 4- 3 individual events

Sunday, Session 5- 3 individual events

Entry Deadline

-This meet will be limited to 450 swimmers.

-Entries are accepted on first come basis and entry file is required to reserve spot in the meet. Once entry limit is reached the meet will be closed.

-All meet entries are due by Friday, January 25, 2019.

-Deck entries will be accepted at the discretion of the Meet Director and the fee is double and payable at time of entry. This includes ANY changes from one event to another during the meet.

Entry Fees

\$3.50 per event

\$8.00 LA Swimming swimmer surcharge,

\$7.00 facility charge (per swimmer, includes digital heat sheet)

*Fees payable to **Crawfish Aquatics***

Conduct

-All timed final events on Friday will be swum fastest to slowest.

-All timed final events on Saturday & Sunday will be swum slowest to fastest

-All individual events in Sessions 1, 2, & 4 will be swum mixed gender.

-Event 2 (13 & O 400) IM will be limited to 6 heats.

-Event 3 (9-12 500 free) & Event 4 (13 & O 1000 Free) will be limited to 4 heats.

Meet Program

The meet program ("heat sheet") will be posted online (www.crawfishaquatics.com) and through the Meet Mobile app the Thursday prior to the meet. Coaches will be provided with complimentary meet programs, however there will not be any meet program sales at the event.

Scoring

Top 16 places will be scored.

*12 & U events will be scored as 8 & U, 9-10, 11-12.

*13 & O events will be scored as 13-14 and 15 & O.

Awards

-There are no awards for individual or relay events.

Timing Assignments

- Each team will provide timers in proportion to meet entries in a session.
- Timers will report 10 minutes prior to the start of each session.
- Event 3, 500 Free and Event 4, 1000 Free, will be provide your own timer.

Warm-up & Procedures

- Lane assignments to be announced prior to the start of warm-up.
- USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative. The Meet Referee shall assist the athlete in making arrangements for such supervision.

Deck Changing:

Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

Hotel Accommodations for Traveling Participants

See website for booking information and rates: <http://www.crawfishaquatics.com>

FRIDAY

Friday, Session 1

1	Mixed 12 & Under 200 IM
2	Mixed 13 & O 400 IM
3	Mixed 9-12 500 Free
4	Mixed 13 & Over 1000 Free

SATURDAY

Saturday, Session 2

<u>Mixed</u>	<u>Event Schedule</u>
5	13 & O 200 IM
6	13 & O 100 Back
7	13 & O 200 Breast
8	13 & O 100 Fly
9	13 & O 100 Free

Saturday, Session 3

<u>Girls</u>	<u>Event Schedule</u>	<u>Boys</u>
10	12 & U 100 IM	11
12	12 & U 50 Breast	13
14	12 & U 100 Back	15
16	12 & U 50 Fly	17
18	12 & U 100 Free	19

SUNDAY

Sunday, Session 4

<u>Mixed</u>	<u>Event Schedule</u>
20	13 & O 200 Free
21	13 & O 100 Breast
22	13 & O 200 Back
23	13 & O 200 Fly
24	13 & O 50 Free

Sunday, Session 5

<u>Girls</u>	<u>Event Schedule</u>	<u>Boys</u>
25	12 & U 50 Free	26
27	12 & U 100 Fly	28
29	12 & U 100 Breast	30
31	12 & U 50 Back	32
33	12 & U 200 Free	34