



2018 LA Crawfish Aquatics 14 & U Meet

Crawfish Aquatics Pool, Baton Rouge, LA

December 15, 2018

Each year we partner with a local group to meet immediate needs. For the 2018 meet, families are asked to bring food donations for the BR Food Bank.

Meet Sanction and Host Team

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #
Crawfish Aquatics, LLC Meet Host

Meet Administration

Billy Newport Head Coach & Meet Entries, meets@crawfishaquatics.com
Ron Moore Meet Referee

Meet Schedule

December 15, 2018.

Session 1: 14 & Under warm up- 9:00-9:30am (9:40am start).

Facilities

- Crawfish Aquatics, located inside Ketcham Health & Fitness Bldg., campus of Jimmy Swaggart Ministries, **7150 Bluebonnet Boulevard, Baton Rouge, La. 70810**
- Indoor, heated, eight-lane 25 yard pool. Non- turbulent lane ropes, lane width seven feet
- Separate warm-up/warm-down area available.
- Colorado 6000 electronic timing system with Infinity starter, touch pads with button and stopwatch backup.

Rules and Meet Regulations

- Conduct of this sanctioned event shall conform in every respect to all technical and administrative 2018 rules of USA Swimming and Louisiana Swimming.
- “Swimmers with a disability as described in the USA Swimming Technical Rules, Article 105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc.”
- Coaches and officials (meet directors, referees, starters, and stroke and turn judges) are required to show proof of USA Swimming membership. The Meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.
- All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming.
- It is understood and agreed that USA Swimming and Louisiana Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Pool Measurement and Depth

The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

Eligibility

- The meet is open to 14 & under USA Swimming-registered swimmers. The entrant must be a USA Swimming member as provided in Article 302.
- Swimmer's age as of December 15, 2018 determines age for the meet.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a

member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entries- Each swimmer may enter a maximum of 3 events

Entry Fees \$3.50 per event
 \$5.00 LA Swimming swimmer surcharge,
 \$3.00 facility charge (per swimmer, includes digital heat sheet)
 *Fees payable to **Crawfish Aquatics***

Meet Program

The meet program ("heat sheet") will be posted online (www.crawfishaquatics.com)

Conduct

- All timed final events will be swum slowest to fastest.
- All events will be swum mixed gender.

Scoring

No scoring or awards for this meet.

Timing Assignments

- Each team will provide timers in proportion to meet entries in a session.
- Timers will report 10 minutes prior to the start of each session.

Warm-up & Procedures

- Lane assignments to be announced prior to the start of warm-up.
- USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative. The Meet Referee shall assist the athlete in making arrangements for such supervision.

Deck Changing:

Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

ORDER OF EVENTS

1	200 IM
2	100 Free
3	200 Breaststroke
4	50 Breast
5	200 Freestyle
6	100 Butterfly
7	50 Back
8	200 Backstroke
9	100 Breaststroke
10	50 Butterfly
11	200 Butterfly
12	100 Backstroke
13	50 Freestyle
14	500 Freestyle