



# **Crawfish Aquatics**

## **Short Course Kick Off Meet**

### **Crawfish Aquatics at Nicholls**

### **September 21, 2019**

#### **Meet Schedule**

7:45-9:15 am Senior Red, Senior White, and Senior Black practice

8:45-9:15am warm up for all other groups

9:30am Meet Start Time

*\*once 8 & u warm up is finished, the 8 & unders will be organized into their race heats and walked straight to the bulkhead by the coaches to line up for their races.*

**Meet Fees:** \$10 entry fee per swimmer will be posted to your account & debited with the Oct 1 invoice.

#### **Meet Entries:**

Sign up on the website through your Team Unify account (follow the sign up link posted on the meet event calendar).

*\*Senior Black athletes are automatically entered.*

#### **Sign Up Deadline is Monday, September 16**

*Swimmers are limited to 3 events for the meet.*

*Coaches will generate swimmer entries and post entries.*

#### **Team Social Following the Meet!**

Lunch provided for swimmers and families after the meet.

#### **Order of Events**

<b>Female</b>	<b>Event</b>	<b>Male</b>
1	12 & under 50 Fly	2
3	13 & older 50 Fly	4
5	8 & under 25 Free	6
7	12 & under 50 Back	8
9	13 & older 50 Back	10
11	12 & under 50 Breast	12
13	13 & over 50 Breast	14
15	8 & under 25 back	16
17	12 & under 50 Free	18
19	13 & over 50 Free	20