



# LA 2019 Crawfish Aquatics November Classic

## Crawfish Aquatics Pool, Baton Rouge

### November 15-16, 2019

#### **Meet Sanction and Host Team**

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #  
Crawfish Aquatics, LLC Meet Host

#### **Meet Administration**

Erik Cooper                      Meet Referee  
Billy Newport                    Meet Director, meets@crawfishaquatics.com

#### **Meet Schedule**

Friday, November 15. Session 1: Warm up, 5:00pm. Meet Begins, 5:30pm.  
Saturday, November 16. Session 2: Warm up: 8:00am. Meet begins: 8:45am.  
Saturday, November 16. Session 3: Warm up: begins 2.5 hours following the completion of Session 2.  
*\*Session 3 warm up time will be confirmed the week of the meet based on session timelines.*

#### **Facilities**

- Crawfish Aquatics, located inside Ketcham Health & Fitness Bldg., campus of Jimmy Swaggart Ministries, **7150 Bluebonnet Boulevard, Baton Rouge, La. 70810**
- Indoor, heated, eight-lane 25 yard pool. Non- turbulent lane ropes, lane width seven feet
- Separate warm-up/warm-down area available.
- Colorado 6000 electronic timing system with Infinity starter, touch pads with button and stopwatch backup.

#### **Parking**

Crawfish Aquatics parking lot is located off of Anselmo Lane. Do not park in the Ketcham Fitness lot off of Bluebonnet! From Bluebonnet, turn on Anselmo and follow it past the Capital One Bank. Turn left at the first paved road, Crawfish Aquatics sign. Continue 1/4 mile, the pool is in the first building on the left.

#### **Rules and Meet Regulations**

- Current USA Swimming technical and administrative Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- "Swimmers with a disability as described in the USA Swimming Technical Rules, Article105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc."
- Coaches and officials (meet directors, referees, starters, and stroke and turn judges) are required to show proof of USA Swimming membership. The Meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.
- All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming.
- It is understood and agreed that USA Swimming and Louisiana Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the event.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

-Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any times athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by Nicholls State University administration and Crawfish Aquatics Meet Director.

### **Pool Measurement and Depth**

-The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

The water depth as measured for 1 meter from the wall to 5 meters from the wall is as follows:

Start End: 13'      Turn End: 4'

### **Eligibility**

-The meet is open to invited USA Swimming-registered swimmers.

-No entrant will be permitted to compete unless the entrant is a member of USA Swimming as provided in Article 302.

-Swimmer's age as of November 15, 2019 determines age for the meet.

-Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### **Conduct**

-All events are timed final events, swum slowest to fastest. Meet Management reserves the right to combine female/male events.

-Session 1 Event limit: 2 events

-Session 2 Event limit: 3 individual events, 1 relay

-Session 3 Event limit: 3 individual events, 1 relay

*\*\*No swimmer may exceed 5 individual events in a single day*

### **Mixed Relays**

-Events 25-27 and Events 41-43 are Mixed Relays. Each team must have 2 Female Swimmers and 2 Male

-Swimmers on each relay team. Limit of A Relay for each event.

### **Entry Deadline**

-This meet will be limited to 300 swimmers.

-Entries are accepted on a first come basis and entry file is required to reserve a spot in the meet. Once entry limit is reached the meet will be closed.

-All meet entries are due by Friday, November 8, 2019.

-Deck entries will be accepted at the discretion of the Meet Director and the fee is double and payable at the time of entry. This includes ANY changes from one event to another during the meet.

**Entry Fees**      \$3.50 per event  
                         \$8.00 LA Swimming swimmer surcharge,  
                         \$7.00 facility swimmer surcharge  
                         *Fees payable to **Crawfish Aquatics***

### **Meet Program**

The meet program ("heat sheet") will be posted online ([www.crawfishaquatics.com](http://www.crawfishaquatics.com)) and through the Meet Mobile app the Thursday prior to the meet. There will not be any meet program sales at the event.

### **Scoring**

Top 8 places will be scored.

Events will be scored as 10 & U, 11-12, 13 & O.

### **Awards**

-Ribbons will be distributed for 1-8th place.

### **Timing Assignments**

- Each team will provide timers in proportion to meet entries in a session.
- Timers will report 10 minutes prior to the start of each session.
- Event 5-10 will be provide your own timer.

### **Warm-up & Procedures**

- Lane assignments to be announced prior to the start of warm-up.
- USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative. The Meet Referee shall assist the athlete in making arrangements for such supervision.

### **Deck Changing:**

Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

### **Hotel Accommodations for Traveling Participants**

See website for booking information and rates: <http://www.crawfishaquatics.com>

### **Order of Events**

<b>Session 1: Friday</b>		
1	200 IM	2
3	400 IM	4
5	500 Free	6
7	1000 Free	8
9	1650 Free	10
<b>Session 2: Saturday AM</b>		
11	100 IM	12
13	200 Butterfly	14
15	50 Butterfly	16
17	100 Free	18
19	200 Breaststroke	20
21	50 Breaststroke	22
23	100 Backstroke	24
25	10 & U MIXED 200 Free Relay	
26	11-12 MIXED 200 Free Relay	
27	13 & O MIXED 200 Free Relay	
<b>Session 3: Saturday PM</b>		
29	50 Free	30
31	200 Free	32
33	100 Fly	34
35	50 Backstroke	36
37	200 Backstroke	38
39	100 Breast	40
41	10 & U MIXED 200 Medley Relay	
42	11-12 MIXED 200 Medley Relay	