



2016 LA Crawfish Aquatics December Meet Crawfish Aquatics Pool, Baton Rouge, LA December 10-11, 2016

Our annual December team meet will shift focus this year from a Toys for Tots drive to something a little closer to home: raising funds for Jackson Linton's open heart surgery. All meet proceeds will go to Jackson!

Meet Sanction and Host Team

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #
Crawfish Aquatics, LLC Meet Host

**Developmental Session run on Saturday is NOT sanctioned by Louisiana Swimming (USA Swimming membership is not required for that session)*

Meet Administration

Courtney Roedel Meet Director, courtney@crawfishaquatics.com
Billy Newport Head Coach & Meet Entries, meets@crawfishaquatics.com
Chris Frederic Meet Referee

Meet Schedule (USA Swimming sanctioned meet)

Session 1: 14 & Under warm up- 8:00-8:30AM (8:40AM start)
Session 2: 13 & Older warm up- 12:30-1:05 (1:15PM start)
Session 3: 14 & Under warm up- 8:00-8:30AM (8:40AM start)
Session 4: 13 & Older warm up- 11:30-12:05 (12:15PM start)

Developmental Session

Saturday: 11:00am warm up (11:30am start)

About Jackson Linton

Jackson is 7 years old and swims in the 8 & U group at CA BR where his sister Allison is in Junior Black. His favorite color is blue therefore we honor that with our event shirt color! His surgery is scheduled for January 9 in Boston. Read more of his story- <https://www.gofundme.com/2th7dpuc>

Facilities

-Crawfish Aquatics, located inside Ketcham Health & Fitness Bldg., campus of Jimmy Swaggart Ministries,
7150 Bluebonnet Boulevard, Baton Rouge, La. 70810
-Indoor, heated, eight-lane 25 yard pool. Non- turbulent lane ropes, lane width seven feet
-Separate warm-up/warm-down area available.
-Colorado 6000 electronic timing system with Infinity starter, touch pads with button and stopwatch backup.

Entries- Each swimmer may enter a maximum of:

Saturday- 3 events

Sunday- session 3- 3 events; session 4- 2 events

Entry Fees

All meet proceeds will go to Jackson Linton

\$20 Swimmer Surcharge

-LA Swimming swimmer surcharge

-Event t-shirt

\$3.5 per individual event as required by LA Swimming

Meet Program

The meet program ("heat sheet") will be posted online (www.crawfishaquatics.com)

Conduct

- All timed final events will be swum slowest to fastest.
- All events will be swum mixed gender.

Scoring

No scoring or awards for this meet.

Deck Changing:

Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

Event Schedule

<u>Saturday 12 & U</u>		<u>Sunday 12 & U</u>	
1	200 Freestyle	14	200 IM
2	100 Breaststroke	15	50 Breaststroke
3	50 Backstroke	16	100 Freestyle
4	100 Butterfly	17	50 Butterfly
5	100 IM	18	100 Backstroke
6	50 Free	19	500 Freestyle
<u>Saturday 13 & O</u>		<u>Sunday 13 & O</u>	
7	200 Freestyle	20	200 IM
8	100 Backstroke	21	100 Breast
9	100 Butterfly	22	200 Back
10	200 Butterfly	23	50 Free
11	100 Freestyle	24	1000 Free
12	200 Breaststroke	25	1650 Free
13	400 IM		

Event Schedule for Developmental Meet on Saturday

1	100 Freestyle
2	25 Breaststroke
3	25 Freestyle
4	50 Breaststroke
5	50 Freestyle
6	25 Butterfly
7	25 Backstroke
8	50 Butterfly
9	50 Backstroke
10	100 IM