

## NOTES FOR TEAMS

## 2018 NU WAVE "FALL SC OPEN"

**Timers:** Each team will be assigned timing lanes and filling these ahead of time is crucial to a timely start to the meet.

**Fly-over Starts will be used:** When a swimmer finishes their race, they will remain in the water until the next heat dives in. This allows the meet to move at a quicker pace. The exception is backstroke events- in that case the swimmer will get out of the water after they finish the race as usual. Once they see a few heats done this way, they will understand what to do.

**Order of events/event flow for Friday:** 50 Free Prelims, 400 IM, 500 Free, "Top Female heat 1000 Free and Top Male heat 1000 Free", Finals for the 50 Free (top 16 from prelims), then all remaining heats of 1000 Free.

**The 1000 Free will run fastest to slowest, alternating one female/ one male heat.** The top female and male heats will swim after the 12&U 500 Free. All other 1000 Free swims will take place after the 12&U 50 Free Finals.

### **Positive check-in (sign in) deadlines:**

- 11&O 400 IM/12&U 500 Free/11&O 1000 Free by 5:30 pm on Friday
- 12&U 200 Free by 8:50 am on Saturday
- 13&O 500 Free by 1:50 pm on Saturday, November 3
- 12&U 200 IM by 8:50 am on Sunday

**13 & Older: Check in for the 400 IM/500 Free/1000 Free** is to determine if we can reduce the total number of heats. We may combine (female/male) heats. *These events are not listed on the heat sheet yet- heat sheet will be generated at the meet & posted for this event once it is seeded.*

**12 & Under: Check in for the 12&U 200 Free/200 IM** is to determine Top 16 to swim in Finals. The 200 IM/200 Free is a timed final event- meaning they only swim it once (not prelims/finals format).

*These events are not listed on the heat sheet yet- heat sheet will be generated at the meet & posted for this event once it is seeded. If your swimmer is in the Top 16 for one of those events, they will swim at FINALS rather than during the morning prelims.*

**12 & Under: IMPORTANT NOTE ABOUT FINALS & "No Show"!** Any swimmer who fails to compete in the Finals in which they have qualified will be charged a \$20 "failure to swim" fee that is due before they can re-enter the swim meet.

**12 & Under: If you are a Finals alternate from 12 & U Prelims (ie, 17<sup>th</sup> or 18<sup>th</sup> place)** - stay by the Starter station ready to compete if any available lane opens (you are not required to return to Finals if you are an alternate only- no penalty for alternates that miss Finals if an event opens up).

## **Facility**

The UNO Lakefront Arena Aquatics Center is located on the south side of the building. Entry to the Aquatics Center is to the left of the wood fence that encloses the outdoor pool.

Do not park in any coned-off areas. We have additional events inside the Arena during the meet.

The Aquatics Center has bleachers and seating areas inside. Families are encouraged to bring chairs for the additional team areas. There will be no parent seating behind the starting area (scoreboard end).

## **Aquatics Management Rules (SELA)**

- No running on the pool deck
- Outdoor pool is for warm-up / warm-down (no recreational swimming)
- Only athletes allowed in the outdoor pool (no siblings/spectators)
- No climbing on railings or outdoor support beams
- No tobacco or vaping on premises
- No sliding down the bleacher ramps
- No glass containers inside the facility
- No outside food or beverage
- Camp chairs/tents - The arena has given us a certain area where these are allowed: anywhere behind the concrete walls by our entrance, the outdoor pool area, and the grassy area between the outdoor pool and Ramp 2 (the ramp by the pump room).
- Generators - no generators allowed
- RV's –
  - Daytime RV parking only; no overnight parking in the Arena lot
  - RV's may not block any entrance and may not park in the VIP lot or in the area in front of Arena Ramp #1
  - RV's may park in the South lot (by the pool) on Friday and Sunday
  - Anyone bringing an RV on Saturday must receive prior approval and designated parking space by emailing [robyn@selaaquatics.com](mailto:robyn@selaaquatics.com) no later than noon on Friday, Nov. 2