

TWST 14 & Under Open Meet

A LONG COURSE METERS PRELIM / FINAL MEET

HOSTED BY THE WOODLANDS SWIM TEAM

June 2-4, 2017



SANCTION No. GULC GULC 17-018R2

Warm-up/Timelines

Meet Referee: Claude Humbert
Admin Official: Shawn Anderson
Meet Director: Jennifer Scott and Melissa Pindell
Safety Marshal: Pati Bryant
Entries Director: Patricia Leijnse



TWST 14 & Under Open Meet June 2-4, 2017 Reminders

This is a deck seeded event. ALL SWIMMERS MUST CIRCLE IN FOR ALL EVENTS, NO EXCEPTION! Circle-in period closes **45 minutes BEFORE the session begins.** Once the check-in period closes, all events will be seeded. Coaches please make your swimmers aware of the circle in procedure.

On-deck entries will not be accepted for this meet.

Friday Session: Meet start: 5:00 pm & Warm-up start: 4:00 pm

Saturday and Sunday AM Sessions: Meet start time at 8:30 am. Warm-ups begin at 7:00 am.

Saturday and Sunday Finals: Warm-up will start 3 hours after the completion of events 18 & 36 respectively or 4:30 p.m., whichever is later. Meet will start 1 hour after warm-ups commence.

We will be running two swimmers per lane in the 800 & 1500 Free events.

Lane timers will be assigned for the 400 IM, 400 & 800 Free events on Friday. All Swimmers must provide their own lap counter for 800 Free.

Swimmers must provide their own timers for the 400 Free on Saturday.

Lane timers will be assigned for the 1500 Free on Sunday. Swimmers must provide their own lap counters.

2017 TWST 14 & Under Open Meet, Sanction #: GULC 17-018R2 June 2-4, 2017

Team List

	Team	Femal e	Male	Total Athletes	Entries	Relay	Total
1	CRAW-LA Crawfish Aquatics	15	22	37	234	0	234
2	CFSC-GU Cypress Fairbanks Swim Club	48	34	82	492	0	492
3	KATY-GU Katy Aquatics	42	41	83	482	0	482
4	PACK-GU Premier Aquatics	31	34	65	346	0	346
5	RICE-GU Rice Aquatics	28	17	45	227	0	227
6	SHAC-GU Shac	0	0	0	0	0	0
7	SSS-GU South Shore Sails	18	7	25	131	0	131
8	SSAN-GU Swim Streamline at Northampton	28	24	52	222	0	222
9	TWST-GU The Woodlands Swim Team	113	83	196	1,069	0	1069
10	TAQ-LA Tiger Aquatics	7	7	14	82	0	82
11	UPACK-GU UnAtt - Premier Aquatics	1	1	2	12	0	12
12	USHAC-GU UnAtt - Shac	29	8	37	204	0	204
13	USSAN-GU UnAtt - Swim Streamline at Nor	3	1	4	23	0	23
14	UTWST-GU UnAtt - Woodlands	2	1	3	18	0	18
		365	280	645	3542	0	3542

Friday June 2, 2017

PM Session
Open Warm-up
Session Starts 5:00 pm

Open Warm-up from 4:00 pm – 4:45 pm

Timing Assignments for Friday

West End (Scoreboard)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	CFSC	CFSC	CFSC	KATY	KATY	PACK	SSAN	RICE
Chair 2	CFSC	CFSC	SSS	KATY	KATY	PACK	SSAN	SHAC

East End (Bulkhead)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST
Chair 2	TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

Session: 1 Friday Timed Finals Distance Events

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 0 Seconds / Chase -20

Round		Event	Entries	Heats	Starts at	
Finals	1	Girls 13-14 400 IM	41	6	u 05:00 PM	_____
Finals	2	Boys 13-14 400 IM	32	4	u 05:35 PM	_____
Finals	3	Girls 12 & Under 400 Freestyle	108	14	u 05:56 PM	_____
Finals	4	Boys 12 & Under 400 Freestyle	83	11	u 07:17 PM	_____
Finals	5	Girls 13-14 800 Freestyle	28	4	u 08:17 PM	_____
Finals	6	Boys 13-14 800 Freestyle	32	4	u 08:39 PM	_____
		Swimmers Counts for Warm-ups: 296	====	====		
		Entry / Heat Totals:	324	43		
		Finish Time			08:59 PM	_____

Saturday June 3, 2017

**Prelim Session
Warm-up Assignments
Session Starts 8:30 am**

1st Warm-up Session 7:00 am – 7:25 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

2nd Warm-up Session 7:25 am – 7:50 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CFSC	CFSC	CFSC	KATY	KATY	KATY	PACK	PACK

3rd Warm-up Session 7:50 am – 8:15 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSS	SHAC	SSAN	SSAN	CRAW	CRAW	RICE	RICE TAQ

**Saturday, June 3, 2017
Timing Assignment begins 8:30 AM**

West End (Scoreboard)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	KATY	KATY	KATY	CFSC	CFSC	CFSC	RICE	SSAN
Chair 2	KATY	KATY	KATY	CFSC	CFSC	CFSC	RICE	SSAN

East End (Bulkhead)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	TWST	TWST	TWST	TWST	TWST	TWST	PACK	PACK
Chair 2	TWST	TWST	TWST	TWST	TWST	TWST	PACK	SSS

Swimmers in the 400 Free must provide their own timers.

Saturday, June 3, 2017

Prelim Session

Session: 2 Saturday AM Prelims Session

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 10 Seconds / Chase -20

Round		Event	Entries	Heats	Starts at	
Prelims	7	Girls 11-14 200 Breaststroke	71	9	u 08:30 AM	_____
Prelims	8	Boys 11-14 200 Breaststroke	48	6	u 08:59 AM	_____
Prelims	9	Girls 12 & Under 50 Butterfly	145	19	u 09:17 AM	_____
Prelims	10	Boys 12 & Under 50 Butterfly	105	14	u 09:34 AM	_____
Prelims	11	Girls 14 & Under 200 Freestyle	201	26	u 09:47 AM	_____
Prelims	12	Boys 14 & Under 200 Freestyle	149	19	u 10:56 AM	_____
Prelims	13	Girls 14 & Under 100 Breaststroke	174	22	u 11:45 AM	_____
Prelims	14	Boys 14 & Under 100 Breaststroke	134	17	u 12:19 PM	_____
Prelims	15	Girls 11-14 200 Backstroke	95	12	u 12:45 PM	_____
Prelims	16	Boys 11-14 200 Backstroke	54	7	u 01:18 PM	_____
Prelims	17	Girls 14 & Under 100 Butterfly	141	18	u 01:37 PM	_____
Prelims	18	Boys 14 & Under 100 Butterfly	100	13	u 01:59 PM	_____
Finals	19	Girls 13-14 400 Freestyle	40	5	u 02:16 PM	_____
Finals	20	Boys 13-14 400 Freestyle	38	5	u 02:42 PM	_____
		Swimmers Counts for Warm-ups: 533	=====	=====		
		Entry / Heat Totals:	1,495	192		
		Finish Time			03:07 PM	_____

Swimmers in the 400 Free must provide their own timers.

Saturday, June 3, 2017

Final Session

Warm-ups will begin 3 hours after completion of event 18 (Boys 14 & Under 100 Butterfly), or 4:30, whichever is later.

Finals Session will start one hour after warm-up commences.

Open warm-up from 4:30 to 5:15pm.

Finals – Timing Assignment

TWST will provide some of the timers for finals. We will also call for visiting teams to provide timers before the start of finals. Please consider timing if you have a swimmer in finals.

Session: 3 Saturday PM Finals Session

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Girls 11-14 200 Breaststroke	32	4	u 05:30 PM	_____
Finals	8 Boys 11-14 200 Breaststroke	32	4	u 05:46 PM	_____
Finals	9 Girls 12 & Under 50 Butterfly	32	4	u 06:01 PM	_____
Finals	10 Boys 12 & Under 50 Butterfly	32	4	u 06:06 PM	_____
Finals	11 Girls 14 & Under 200 Freestyle	48	6	u 06:11 PM	_____
Finals	12 Boys 14 & Under 200 Freestyle	48	6	u 06:30 PM	_____
Finals	13 Girls 14 & Under 100 Breaststroke	48	6	u 06:49 PM	_____
Finals	14 Boys 14 & Under 100 Breaststroke	48	6	u 07:02 PM	_____
Finals	15 Girls 11-14 200 Backstroke	32	4	u 07:15 PM	_____
Finals	16 Boys 11-14 200 Backstroke	32	4	u 07:29 PM	_____
Finals	17 Girls 14 & Under 100 Butterfly	48	6	u 07:42 PM	_____
Finals	18 Boys 14 & Under 100 Butterfly	48	6	u 07:54 PM	_____
	Swimmers Counts for Warm-ups: 244	====	====		
	Entry / Heat Totals:	480	60		
	Finish Time			08:06 PM	_____

Sunday June 4, 2017 Prelim Session

Warm-up Assignments
Session Starts 8:30 am

1st Warm-up Session 7:00 am – 7:25 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
SSS	SSAN	SSAN	CRAW	CRAW TAQ	SHAC	SHAC RICE	RICE

2nd Warm-up Session 7:25 am – 7:50 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TWST	TWST	TWST	TWST	TWST	TWST	TWST	TWST

3rd Warm-up Session 7:50 am – 8:15 am

Main Pool							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CFSC	CFSC	CFSC	KATY	KATY	KATY	PACK	PACK

Sunday, June 4, 2017 Prelim Session
Timing Assignment begins 8:30 AM

West End (Scoreboard)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	KATY	KATY	KATY	CFSC	CFSC	CFSC	RICE	SSAN
Chair 2	KATY	KATY	KATY	CFSC	CFSC	CFSC	RICE	SSAN

East End (Bulkhead)								
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Chair 1	TWST	TWST	TWST	TWST	TWST	TWST	PACK	PACK
Chair 2	TWST	TWST	TWST	TWST	TWST	TWST	PACK	SSS

**Swimmers in the 1500 Free must provide their own lap counter.
Assigned timers will stay until the end of the 1500 Free.**

Sunday, June 4, 2017

Prelim Session

Session: 4 Sunday AM Prelims Session

Round	Event	Entries	Heats	Starts at	
Prelims	21 Girls 12 & Under 50 Backstroke	127	16	u 08:30 AM	_____
Prelims	22 Boys 12 & Under 50 Backstroke	98	13	u 08:46 AM	_____
Prelims	23 Girls 11-14 200 Butterfly	40	5	u 08:59 AM	_____
Prelims	24 Boys 11-14 200 Butterfly	32	4	u 09:13 AM	_____
Prelims	25 Girls 14 & Under 100 Freestyle	229	29	u 09:24 AM	_____
Prelims	26 Boys 14 & Under 100 Freestyle	168	21	u 09:56 AM	_____
Prelims	27 Girls 12 & Under 50 Breaststroke	88	11	u 10:20 AM	_____
Prelims	28 Boys 12 & Under 50 Breaststroke	65	9	u 10:31 AM	_____
Prelims	29 Girls 14 & Under 200 IM	151	19	u 10:40 AM	_____
Prelims	30 Boys 14 & Under 200 IM	100	13	u 11:33 AM	_____
Prelims	31 Girls 14 & Under 50 Freestyle	214	27	u 12:10 PM	_____
Prelims	32 Boys 14 & Under 50 Freestyle	174	22	u 12:31 PM	_____
Prelims	33 Girls 14 & Under 100 Backstroke	123	16	u 12:50 PM	_____
Prelims	34 Boys 14 & Under 100 Backstroke	91	12	u 01:10 PM	_____
Finals	35 Girls 13-14 1500 Freestyle	12	2	u 01:25 PM	_____
Finals	36 Boys 13-14 1500 Freestyle	11	2	u 01:47 PM	_____
	Swimmers Counts for Warm-ups: 582	=====	=====		
	Entry / Heat Totals:	1,723	221		
	Finish Time			02:08 PM	_____

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 10 Seconds Chase -20

**Swimmers in the 1500 Free must provide their own lap counter.
Assigned timers will stay until the end of the 1500 Free.**

Sunday, April 23, 2017

Final Session

Warm-up Assignments

Warm-ups will begin 3 hours after completion of event 34 (Boys 14 & Under 100 Backstroke), or 4:30, whichever is later.

Finals Session will start one hour after warm-up commences.

Open warm-up from 4:30 to 5:15pm.

Finals – Timing Assignment

TWST will provide some of the timers for finals. We will also call for visiting teams to provide timers before the start of finals. Please consider timing if you have a swimmer in finals.

Session: 5 Sunday PM Finals Session

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 45 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Girls 12 & Under 50 Backstroke	32	4	u 05:30 PM	_____
Finals	22 Boys 12 & Under 50 Backstroke	32	4	u 05:36 PM	_____
Finals	23 Girls 11-14 200 Butterfly	32	4	u 05:42 PM	_____
Finals	24 Boys 11-14 200 Butterfly	32	4	u 05:56 PM	_____
Finals	25 Girls 14 & Under 100 Freestyle	48	6	u 06:10 PM	_____
Finals	26 Boys 14 & Under 100 Freestyle	48	6	u 06:21 PM	_____
Finals	27 Girls 12 & Under 50 Breaststroke	32	4	u 06:32 PM	_____
Finals	28 Boys 12 & Under 50 Breaststroke	32	4	u 06:38 PM	_____
Finals	29 Girls 14 & Under 200 IM	48	6	u 06:44 PM	_____
Finals	30 Boys 14 & Under 200 IM	48	6	u 07:04 PM	_____
Finals	31 Girls 14 & Under 50 Freestyle	48	6	u 07:25 PM	_____
Finals	32 Boys 14 & Under 50 Freestyle	48	6	u 07:32 PM	_____
Finals	33 Girls 14 & Under 100 Backstroke	48	6	u 07:40 PM	_____
Finals	34 Boys 14 & Under 100 Backstroke	48	6	u 07:52 PM	_____
	Swimmers Counts for Warm-ups: 293	====	====		
	Entry / Heat Totals:	576	72		
	Finish Time			08:04 PM	_____