

Friday Night

Warm up 4:30 Meet Begins 5:15pm

Open Warm up

Timing provide by CA Senior Swimmers for Events 1-3 & 1000 Free is provide own timer

13 & Older – Saturday & Sunday, meet begins 8:10am

Warm up 7:00-7:30am- Crawfish Aquatics, both pools

Warm up 7:30-8:00am- All other Teams, Open Warm up both pools

Timing: 1 timer per lane

Lane 1: HSC

Lane 2-8: Crawfish /volunteers

12 & Under – Saturday & Sunday, meet begins 12:10pm

Warm up 11:00-11:30am- CA and HSC on Saturday
CA, HSC, SLST on Sunday

Warm up 11:30-12:00pm- All other Teams, Open Warm up

Timing: 1 timer per lane

Lane 1-3: Crawfish

Lane 4: Elmwood

Lane 5: HSC

Lane 6: SLST

Lane 7: SPAR on Saturday / STORM on Sunday

Lane 8: CREW on Saturday / PAC on Sunday