Friday Afternoon Warm-up and Timing Assignments

4:15-5:00pm; meet begins 5:15pm

Scoreboard End Pool	Gym End Pool
Lane 1 CRAW	Lane 1 CRAW
Lane 2 CRAW	Lane 2 CRAW
Lane 3 HSC	Lane 3 CRAW
Lane 4 HSC	Lane 4 CRAW
Lane 5 NuWave	Lane 5 CRAW
Lane 6 NuWave	Lane 6 CRAW
Lane 7 PAC	Lane 7 CRAW
Lane 8 CREW/Storm/SLST	Lane 8 CRAW

TIMING-1 per lane

Lane 1 CRAW Lane 2 CRAW Lane 3 CRAW Lane 4 CRAW Lane 5 CRAW Lane 6 CRAW Lane 7 CRAW Lane 8 CRAW

13 & O Session Warm-Up and Timing Assignments- Saturday & Sunday

First Warm up: 7:00-7:30am, Crawfish

Second Warm up: 7:30-8:00am

Scoreboard End Pool	Gym End Pool	
Lane 1 HSC	Lane 1 NuWave	
Lane 2 HSC	Lane 2 NuWave	
Lane 3 HSC	Lane 3 SLST	
Lane 4 HSC	Lane 4 CREW	
Lane 5 HSC	Lane 5 CREW	
Lane 6 Storm	Lane 6 PAC	
Lane 7 Storm	Lane 7 PAC	
Lane 8 FINS	Lane 8 Spartan	
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TIMING- 1 per lane

Lane 1 CRAW Lane 2 CRAW Lane 3 CRAW Lane 4 CRAW Lane 5 CRAW Lane 6 CRAW Lane 7 HSC Lane 8 Storm- Saturday Lane 8 PAC- Sunday

12 & U Warm-Up and Timing Assignments - Saturday & Sunday

First Warm up: 12:00-12:25pm, Crawfish & Biloxi

Second Warm up: 12:25-12:50pm

Scoreboard End Pool	Gym End Pool
Lane 1 NuWave	Lane 1 FINS
Lane 2 NuWave	Lane 2 Crew
Lane 3 NuWave	Lane 3 SLST
Lane 4 Spartan	Lane 4 SLST
Lane 5 Spartan	Lane 5 HSC
Lane 6 Storm	Lane 6 HSC
Lane 7 PAC	Lane 7 HSC
Lane 8 PAC	Lane 8 HSC

TIMING- 2 per lane

Lane 1 CRAW Lane 2 CRAW Lane 3 CRAW Lane 4 CRAW Lane 5 CRAW Lane 6 HSC Lane 7 HSC Lane 8 Wave / SLST