



## **Fall 2021 Novice Division**

**Review on the website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

- **Covid-19 Facility Guidelines and Protocols**  
*Review guidelines for common areas and viewing areas (viewing is possible only from outside of the indoor/outdoor pool decks).*
- **Review Inclement Weather Plans / Getting Text Alerts of practice cancellations**  
*Please review and know what to expect, what happens if your group will be cancelled, etc.*
- **Sign up for SMS/Text Notifications in event of a practice cancellation**  
*This is done through your Team Unify account (registration account); help doc on website.*

### **Practice Schedules**

*Swimmers must attend according to their registered days/class time due to coach/swimmer ratios. Making up a missed practice on an alternate day is not an option due to full classes.*

#### **Season Dates**

- **3:40pm, 4:30pm, 5:15pm groups:** August 23 - November 11
- **6:00pm group:** August 23-December 9

**Practice Days:** Monday/Wednesday or Tuesday/Thursday

**Practice Times** (all in the outdoor pool)

- 3:40-4:20pm (5-8yrs)
- 4:30-5:10pm (5-8yrs)
- 5:15-5:55pm (8-10yrs + a 6-8yr group on T/Th)
- 6:00-7:00pm (10-14yrs)

#### **No Practice Dates**

- Monday, September 6
- Wed/Thurs, Nov 24-25 (6:00pm group)

### **Meet & Events Schedule to date**

*Registration links, schedules & more details will be published in September.*

- **October 8:** CA Developmental Meet at Crawfish.
- **November 12:** CA Developmental Meet at Crawfish

### **Season Dues Payments**

Enrollment for Novice is Season based. A portion of the Season dues were paid with your online registration. The remaining season dues is scheduled to debit to your saved payment method as follows:

- 3:40pm, 4:30pm, 5:15pm groups: \$100 automatic payment on October 1 Season ends Nov 11.
- 6:00pm groups: \$80 automatic payment on October 1 and November 1. Season ends Dec 9.
- You can view your upcoming invoice or edit your payment method by logging into your Team Unify account <https://www.teamunify.com/team/laca/page/home>

## **What to Wear**

- **Practice:** Goggles and any one piece suits for the girls and jammers or briefs for the boys (better movement in the water). Please tie long hair back and/or wear a swim cap.
  - **Team Store:**
    - Swim Suits- We do not sell swimsuits at the facility- some local sporting-good stores carry items year-round but the better options would be through our Team Store on SwimOutlet.com!
    - Start here: <https://www.swimoutlet.com/crawfish> and shop for your swim suit & gear needs. Our team suit is also available for purchase through Swim Outlet. Team suit is not a requirement.
    - Training Gear- there is no required training gear.
  - **CA apparel-** We sell goggles and swim caps along with CA shirts and car decals. We will send out instructions for ordering apparel at the start of September.
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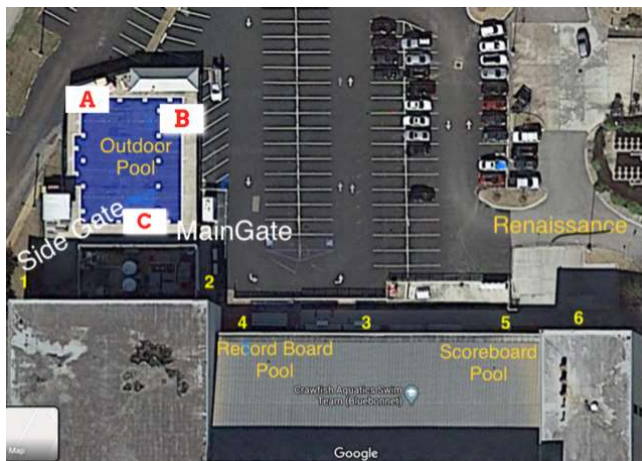
## **Facility/Pool Entry, and Pool Exit Points for Practices**

*Please do not enter the pool deck earlier than 5 minutes before practice start time. Coaches will greet swimmers at the outdoor pool ramp area and walk them out following practices.*

The indoor and outdoor pool decks are open for swimmers & coaches only during practices- there is no spectator seating on the pool deck. The outdoor pool gate will remain open and there are spaces to watch from around the outdoor pool as well as the common areas/bleachers inside the white fencing along the outdoor pool. Conditioned space is available in the back hallway (Renaissance end of the facility).

## **Drop Off/ Pick Up for practices in the Outdoor Pool**

- Swimmers will enter and exit through the main outdoor pool ramp/gate from the main parking lot.
- Swimmers may begin entering the outdoor pool area starting 5 minutes prior to the practice time. *(Wait for the coaches to indicate it is time to begin entering, once the previous practice group has exited.)*
- Following practice, the coaches will walk them back to the ramp area for pick up. *Please park and walk up to the ramp area for pick up- we cannot send swimmers into the parking lot to locate cars.*





## **Communication & Resources**

### ***E-news***

Please note that our primary communication will be through email and the weekly Enews sent out each Monday. Your Team Unify login email will be the email used for all communication. To add additional email addresses, login to your TU account.

### **Connect with Crawfish Aquatics online**

- Facebook: [www.facebook.com/crawfishaquaticsbatonrouge](http://www.facebook.com/crawfishaquaticsbatonrouge)
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>
- Website: <http://www.crawfishaquatics.com/swim-team/>

## **Planning for Inclement Weather, the outdoor pool & cancellations**

*We will practice in the outdoor pool during light rain when there is no lightning or thunder, provided we have appropriate visibility above and below the water.*

There are NO make ups or attending days other than your roster days during the Monday-Thursday practices for capacity guidelines, coach:swimmer ratio and group productivity.

### **8 & Under and Novice division groups in the outdoor pool**

- 8 & U and Novice practice in the outdoor pool. You will receive a separate email with your swimmer's coach and designated spot to meet up for practice.
- If there is the potential of inclement weather, parents are asked to remain on site in their car.
- Swimmers are asked to only bring essentials- a towel & goggles- on the pool deck to help when quick transitions need to be made.
- If we stop practice early, students will be walked to the indoor pool deck to wait for pick up or until the weather clears, if we are able to return to practice within the scheduled time frame.

### **"Rain outs" budgeted before moving inside or scheduling a make up**

- 2 "rain outs" for Novice for the season (there will not be a make up).
- After 1 rain out in the month we will either:
  - Move the group to the indoor pool (*we will announce this ahead of time so that you know "the next time there is inclement weather, you will not be canceled, you will move inside).*
  - OR, we will schedule a makeup practice on a Saturday or Sunday.
  - *For Novice, in addition to the option to move to the indoor pool once we have exceeded our cancelled practice quota, we can extend the season by 1 week.*
- Any make up practices will be announced by email to the specific groups impacted.