



Summer 2021 Practice Schedule for Novice Division (June 7-July 29)

Swimmers must attend according to their registered days/class time due to coach/swimmer ratios.

Practice Times:

- 8:30-9:10am, 9:20-10:00am, 3:40-4:20pm, 4:30-5:10pm for ages 4-8yrs
- 5:15-5:55pm for ages 8-10yrs
- 6:00-7:00pm for ages 10-14yrs

Practice Days: Monday/Wednesday or Tuesday/Thursday

Meet & Events Schedule

- **June 26:** Crawfish Aquatics Swim-A-Thon (9:00-11:00am)
More Info & Sign up: <http://www.crawfishaquatics.com/swim-team/swim-a-thon>
- **July 23:** CA 11 & Older Meet at Crawfish (Friday, 5:00pm)
More info & Sign up: <http://www.crawfishaquatics.com/calendar/ca-11-older-meet-ca-br>
- **July 24:** CA 10 & Under Olympic Championship (Saturday, multiple times depending on age group)
More info & sign up: <http://www.crawfishaquatics.com/calendar/10-u-summer-championship-at-ca-br>

What to Wear

- **Practice:** Goggles and any one piece suits for the girls and jammers or briefs for the boys (better movement in the water). Please tie long hair back and/or wear a swim cap.
- **Team Store:**
 - Swim Suits- We do not sell swimsuits at the facility- some local sporting-good stores carry items year-round but the better options would through our Team Store on SwimOutlet.com!
 - Start here: <https://www.swimoutlet.com/crawfish> and shop for your swim suit & gear needs. Our team suit is also available for purchase through Swim Outlet. Team suit is not a requirement.
 - Training Gear- there is no required training gear.
- **CA apparel-** We sell goggles and swim caps along with CA shirts, car decals at the Info Booth on the indoor pool deck. Additionally, there are some limited edition items currently being sold through our [Swim-A-Thon product site!](#)

Communication & Resources

Missing Practices

We understand and anticipate that swimmers will miss practices especially during the Summer season. If you plan to be out for more than 2 consecutive practices, please email the office or you can let the coach know; there is no requirement to report each absence.

Make up Practices

Swimmers must attend practices according to their registered practice days and are not permitted to attend on alternate days; this allows us to keep our coach to swimmer ratio at the appropriate number. If you will be out for an extended time, email the office (we may be able to offer another practice option depending on enrollment).

E-news & Emails

Please note that our primary communication will be through email. Your Team Unify login email will be the email used for all communication. To add additional email addresses, login to your TU account and you may add up to 3 additional emails.

Information Booth

Open Mon & Tues, 9:00-11:00am, Mon & Thurs, 3:30-6:15pm.

The Information Booth is located on the indoor pool deck and where you can purchase apparel, make inquiry about events, or leave a message for a CA staff member or coach during practice.

Connect with Crawfish Aquatics online

- **Facebook:** www.facebook.com/crawfishaquaticsbatonrouge
- **Instagram:** <https://www.instagram.com/crawfishaquatics.br/>

Outdoor Pool and Spectator Seating

-Summer Novice groups will practice in the outdoor pool. Due to Swimming Lesson classes taking place at the same time, limited deck space, and capacity limits, spectators are not allowed on the pool deck during practice. The gate will remain open in between lesson classes and there are spaces to watch from around the outdoor pool. Additional bleacher seating is available inside the white fencing with conditioned space in the back hallway (at the Renaissance end of the facility).

-On rainy days, Novice will swim in the indoor pool. If they move inside, you will drop and pick your child up from the scoreboard end of the indoor pool (using the Renaissance end of the parking lot).

Novice Swimmer Drop Off/Pick Up (outdoor pool)

-Swimmers may enter the outdoor pool deck 5 minutes prior to their practice time.

-Following practice, the coaches will walk swimmers back to the outdoor pool ramp area for pick up.

-We will swim outside in light rain but in the **event of inclement weather** (lightning or heavy rain) we will move to the indoor pool. Swimmers will enter through "Zone 4" of the indoor facility and meet the coaches under the Record Board. *This is at the outdoor pool end of the facility.*

NORMAL DAY MEET UP FLOW WITH COACHES



Indoor pool in event of inclement weather (zone 4)

