Outdoor Pool Renovations 2026

November/December: November 18- December 18, 2026

- **Novice**: Indoor Pool Recordboard end except Saturday which is the scoreboard end.
  Fall Season runs August 24-November 12 (or Dec 10 for 6pm group)
  A Fall Season Extension through Dec. 10 is offered for 3:40/4:30 & 5:15 groups. ***Must register.***
  Spring Novice season begins mid to late January (requires a new enrollment)

    - M/W or T/TH
    - 5-8 years: 3:40-4:20pm or 4:30-5:10pm Lane 8
    - 9-10 Years: 5:15-6:05pm Lane 8
    - 10-14 years: 6:10-7:00pm Lane 8 + Sat: 10:30-11:30am Lanes 6-8 Scoreboard End

- **9&Under:** Indoor Pool Recordboard end
  Fall Schedule begins August 17/18 through December 10. Practice break Dec 14 - Jan 5, 2027.
  Resume school year schedule Jan 6-May 13, 2027. Summer Schedule begins May 31, 2027.
  All swimmers remain on the roster and ACTIVE during practice breaks until a drop form is submitted.

    - M/W- or T/TH or Mon-Thurs *(must attend based on enrolled days)*
    - 3:40-4:25pm, 9 & U Lanes 1-4
    - 4:30-5:20pm, 9 & U Lanes 1-5

- **Age Group**: Indoor Pool Recordboard end lanes 1-7
  Fall Schedule begins August 17/18 through December 10. Practice break Dec 14 - Jan 5, 2027.
  Resume school year schedule Jan 6-May 13, 2027. Summer Schedule begins May 31, 2027.
  All swimmers remain on the roster and ACTIVE during practice breaks until a drop form is submitted.

    - M/W/F or T/TH/S enrollment *(Must attend based on enrolled days for Mon-Thur practices)*
    - Mon through Thurs, 5:30-6:40pm
    - Friday, 4:45-6:00pm *(can change out Fri/Sat as needed)*
    - Saturday, 10:30-11:45am *(can change out Fri/Sat as needed)*

- **6:45pm Middle School / Age Group**: Indoor Pool Record board end
  Schedule begins October 26 through December 10. Practice break Dec 14 - Jan 5, 2027.
  Resume school year schedule Jan 6-May 13, 2027. Summer Schedule begins May 31, 2027.
  All swimmers remain on the roster and ACTIVE during practice breaks until a drop form is submitted.

    - October 26 and through the Spring/rest of school year Mon/Tues/Thurs, 6:45-8:00pm

- **High School Group** Indoor Pool Record board end
  Fall Schedule begins August 17/18 through December 10. Practice break Dec 14 - Jan 5, 2027.
  Resume school year schedule Jan 6-May 13, 2027. Summer Schedule begins May 31, 2027.
  All swimmers remain on the roster and ACTIVE during practice breaks until a drop form is submitted.

    - October 26 and through the Spring/rest of school year Mon/Tues/Thurs, 6:45-8:00pm

- **Junior Red:** Indoor Pool Record board end
    - Mon-Thurs 4:30-5:30pm Lanes 6 & 7
    - Core: Tues/Thurs 5:35-5:50pm.

- **Junior White:** Indoor Pool Scoreboard end except Friday Make up.
    - Mon-Thurs 6:00-7:15pm
    - Core/Strength: Mon/Wed 5:35-5:55pm. Yoga room.
    - Friday, 4:45-6:00pm Recordboard end [Only for those swimmers who have conflicts on other days]
    - Saturday, 9:00-10:30am
    - Saturday: Core/Strength 8:30:-8:50am **[8:30 - 8:50 after Thanksgiving/HS Season]**
      ***Note, the change from the original schedule**

Junior Black: Indoor Pool Scoreboard end except Friday Make up.[Limited Lane space]

- M/W, swim 4:15-6:00pm and Core: 4:00-4:10pm (Yoga room)
- T/TH Swim 4:30-6:00pm and Strength 4-4:25pm (Weight Room)
- Friday, No Practice. [Make up 4:30-6pm if needed through Coach Helen]
- Saturday, 9:10-11:00am
- *Saturday* Strength 8:30-9:00 am (Weight Room)

Senior Red:

November 18/19- 6-7:30pm Swim Only Scoreboard End
November 20/21- OFF
Week of November 23
Mon/Tue 6-7:30pm Swim Only
Wed 9-10:30am Swim Only
Thur-Sun: Off
Weeks of November 30, December 7 and December 14

- Scoreboard End Mon-Thur
- Mon/Wed: 6:15-7:45pm
    - Core: M/W: 6:00-6:15pm
- Tues/Thurs: 6:00-7:05pm Swim
    - Strength: Tue/Thur 7:15-7:45pm
- Saturday: 9-10:30am Swim Pool Side TBD

Special Note: Saturday December 11 Swim Meet

Senior White:

November 18/19 D1/D2 HS State Only 3:45-5:15pm Swim Only
November 20/21 OFF
November 23- 25 7:00-9:00am Swim Only
November 26-29 OFF
Weeks of November 30, December 7 and December 14

- Mon/Wed
    - 3:45-4:45pm Strength and 4:55-6:00pm Scoreboard End OR
    - 3:45-4:50pm Scoreboard End and 5:00-6:00pm Strength
- Tue/Thur- Swim 5:00-6:30am(Record Board End)
    - Core on Own in Afternoon (provided)
- Friday, 3:45-5:30pm Swim Scoreboard End
- Saturday 6:45-9:00am Swim Both Ends

Special Note: Friday December 18 2:30-4:30pm Swim
Special Note 2: Saturday December 11 Swim Meet

Senior Black:

November 18/19 D1/D2 HS State Only 3:45-5:15pm Swim Only
November 20/21 OFF
November 23-25 7:00-9:00am Swim Only
November 26-29 Off
Weeks of November 30, December 7 and December 14

- Mon/Wed/Fri, 5:00-6:30am(Monday/Wednesday- Record Board End / Friday- Scoreboard End)
  - Mon/Wed Core on Own Afternoon (provided)
- Tue/Thur, 3:45-5:15pm Swim Scoreboard End
  - Strength- 5:20pm-6:15pm
- Friday, 3:45-5:30pm Swim Scoreboard End
- Saturday 6:45-9:00am Swim Both Ends and 9:00-10:00am Strength (Strength is Optional)

Special Note: Friday December 18 Afternoon Swim 2:30-4:30pm Swim
Special Note 2: Saturday December 11 Swim Meet