

State Wrap Up ~ Short Course 2022

FOCUS. Steve Jobs is quoted as saying: "Focus and simplicity... once you get there, you can move mountains." Prior to Crawfish Aquatics' first state title in the summer of 2005, there was a simple goal and desire to have our team rise to be team champions. The joys of such an accomplishment were great. That year they moved a mountain. Those who began the team had that goal as their primary FOCUS. Subsequent teams through the years had the new FOCUS to carry the torch and achieve the same goal. Over time different goals have emerged. What has not changed is members ability to FOCUS and move mountains.

FOCUS is not always easy. Distractions will arise. Things will change. Setbacks will occur. Disasters will happen. What is so rewarding to see about the Crawfish Aquatics family is their FOCUS does not dissipate. It grows strong through adversity and remains high in great times. All have been through a lot in the past few years and there will be future challenges at all of our feet. I have complete confidence and faith that all will keep FOCUS on their individual, family and team goals and work to achieve them.

The FOCUS I am discussing is beyond remaining focused at two different three and a half day weekends. The FOCUS is every day at training. It is at those times of rest and recovery. It allows us to lift each other up. It permits us to do greater things than we think. We can see better when FOCUSed. We have the ability to recognize when we have FOCUS. It dictates and permits so much. FOCUS is a core component of Crawfish members and I am so proud of athletes, families and staff for always having that FOCUS.

We want to celebrate the accomplishments of not only the highlights listed below, but all athletes this year, the work they have done and the personal successes they have achieved. While we may focus highlights on wins and records, we are proud of all athletes for giving and doing their best! Well done and we are all looking forward to seeing continued FOCUS! We also wish the athletes best of luck in our upcoming Sectionals Championships in College Station, TX.

Dig Deep!
Coach Jayme

14 & Under State Championship Highlights

Swimmer of the Meet

Rylee Simmoneaux

High Point Winners

11-12

Jemia Thomas

13-14

Rylee Simmoneaux

Matthew Okonski

Individual Event Winners

10 & Under

Ai Nguyen- 100 Fly

Eli Clavier- 200 Free

***Of special note, in the Girls 100 fly the crawfish swimmers went 1,2,3,4.*

11-12

Molly Mayo- 200 I.M., 100 I.M, 100 Back, 100 Breast

Jemia Thomas- 100 Free, 50 Breast, 100 Fly, 50 Back, 50 Free

Van Nguyen- 500 Free

***Of special note, in the Girls 100 & 200 I.M. the crawfish swimmers went 1,2,3.*

13-14

Rylee Simmoneaux- 100 Back, 100 Free, 200 Free, 500 Free, 200 Back, 50 Free

Matthew O'Konski- 400 I.M., 100 Fly, 200 Fly, 200 IM

Emma Romero- 1,000 Free

Relay Team Winners

10 & Under

Female 200 Free Relay-

Milanda Liu, Saie Allen, Adelaide Drennan, Evie Landry

Female 200 Medley Relay-

Sadie Allen, Adelaide Drennan, Ai Nguyen, Evelyn Landry

Male 200 Free Relay-

Harrison Roedel, Brady Capps, Connor Smith, Eli Clavier

Male 200 Medley Relay-

William Chapman, Harrison Roedel, Eli Clavier, Connor Graham

*** 1-2 Finish for our A and B girls relays!*

11-12

Female 200 Free Relay-

Jemia Thomas, Riley Roedel, Molly Mayo, Mary Claire Roberts

Female 200 Medley Relay-

Jemia Thomas, Molly Mayo, Riley Roedel, Mary Claire Roberts

Male 200 Free Relay-

Jonathan Kirk, JJ Yacoub, Denzel Caballero, Van Nguyen

Male 200 Medley Relay-

Jonathan Kirk, Denzel Caballero, Van Nguyen, JJ Yacoub

13-14 (14 & Under)

Female 200 Free Relay

Kate Fawley, Lyla Roper, Abigail Lewis, Rylee Simoneaux

Female 400 Free Relay-

Jemia Thomas, Lyla Roper, Kate Fawley, Rylee Simoneaux

Female 200 Medley Relay-

Rylee Simoneaux, Ava Ostendorf, Katherine Fawley, Lyla Roper

Male 400 Medley Relay-

Phillip Nguyen, Brady Naquin, Matthew Okonski, Henry Mensman

Top 8 Individual Finishers:

Sadie Allen, Denzel Caballero, **Eli Clavier**, Olivia Clayton, Andi Clement, Amielle Courville,
Adelaide Drennan, **Kate Fawley**, Ryan Feng, Connor Graham, **Samantha Johnston**, **Jonathan Kirk**, **Evie Landry**, Jamison Lange, Lilianna Latour, Audrey Lemoine, **Abigail Lewis**, **Milanda Liu**, **Molly Mayo**, Liam Myrick, Brady Naquin, **Ai Nguyen**, Phillip Nguyen, **Van Nguyen**, Matthew O'Konski, **Ava Ostendorf**, Lia Ostendorf, Miller Pentas, **Harrison Roedel**, **Riley Roedel**, **Mary Claire Roberts**, Lyla Roper, **Doruk Sayal**, Lydia Talley, Jeremiah Thomas, **Jemia Thomas**, **Emma Romero**, Max Williams, Cooper Webb, JJ Yacoub and Berklee Zanders.

**Top 3 Finisher in bold*

Team Records

8 & Under

Sadie Allen- 100 Back, 100 Fly, 50 Fly, 50 Back, 50 Free

9-10

Eli Clavier- 200 Free, 500 Free

11-12

Jemia Thomas- 100 Free, 50 Breast, 50 Free, 50 Back

Female 200 Medley Relay- Jemia Thomas, Molly Mayo, Riley Roedel, Mary Claire Roberts

State Records

11-12

Female 200 Medley Relay- Jemia Thomas, Molly Mayo, Riley Roedel, Mary Claire Roberts

First Time Qualifiers

Sectionals

Matthew Okonski

Jemia Thomas

15 & Over State Championship Highlights

Swimmer of the Meet

Chris Richardson

Individual Event Winners

Elizabeth Benoit- 200 Butterfly

Anni Thompson- 1000 Freestyle

William Dejean- 1000 Freestyle, 400 IM

Tiago Faleiros- 200 Breaststroke

Avery Henke- 100 Breaststroke

Chris Richardson- 200 Freestyle, 100 Freestyle, 200 Backstroke

Of special note, the following races had Crawfish athletes not only win, but complete the next several consecutive places in finish on the male side: 200 Freestyle 1-2, 400 IM 1-2-3, 100 Freestyle 1-2, 200 Breaststroke 1-2-3-4 (also 6-7), 100 Breaststroke 1-2-3-4-5 (also 8) and 200 Backstroke 1-2.

Relay Team Winners

Mixed 200 Medley Relay- C. Richardson, T. Faleiros, E. Achberger, E. Benoit

Male 200 Free Relay- T. Faleiros, A. Henke, C. Richardson, E. Jiang

Male 400 Free Relay- T. Faleiros, C. Richardson, E. Jiang, A. Henke

Male 800 Free Relay- C. Richardson, W. Dejean, E. Jiang, C. Klingman

Male 200 Medley Relay- C. Richardson, T. Faleiros, A. Henke,, E. Jiang

Male 400 Medley Relay- C. Richardson, T. Faleiros, A. Henke,, E. Jiang

*** Every single male relay event saw Crawfish Aquatics team go 1st and 2nd place***

Top 8 Individual Finishers

Elia Achberger, Caroline Beck, **Elizabeth Benoit**, Alex Cooper, **William Dejean**, **Thomas Duncan**, Joseph Duncan,

Tiago Faleiros, Calix Hammett, **Avery Henke**, **Eugene Jiang**, **Collin Klingman**, **Gavin Lanka**, **Regan**

Manning, Sean Melancon, **Patrick Murphy**, **Chris Richardson**, Antoni Staszkievicz, Wesley Templet, and

Annabelle Thompson.

**Top 3 Finisher*

Team Records

Senior (15-18)

Chris Richardson- 100 Backstroke (tied James Henderson's record from 2019)

Senior (15-18) and Open

Chris Richardson- 200 Backstroke

Male 400 Free Relay- T. Faleiros, C. Richardson, E. Jiang, A. Henke

State Records

15-18 and Open

Male 400 Free Relay- T. Faleiros, C. Richardson, E. Jiang, A. Henke

17-18

Chris Richardson- 200 Backstroke

Male 800 Free Relay- C. Richardson, W. Dejean E. Jiang, C. Klingman

First Time Qualifiers

Sectionals- Gavin Lanka