

State Wrap Up ~ Short Course 2024

The Olympic Motto of "*Citius, Altius, Fortius- Communiter*" means "*Faster, Higher, Stronger- Together*"! I cannot think of a slogan outside of our own two of "Dig Deep" and "Go to Greatness" that is as emblematic of our team. In and out of the pool our athletes strive to be their absolute best in all areas of life. They push to be faster, go higher in what they attempt to achieve, they work to be stronger and they all do it collectively. Yes, swimming is a highly individualized sport. Our team is fortunate to have infrastructure in place to provide a large team to work towards goals collectively. So doing things together is all the more fulfilling and assists in achievement.

You read and hear about how great each individual is through all they accomplish. You see it in how they carry themselves. We as coaches are reminded of it through compliments and praises from other teams' coaches, parents, officials and competitors. They know the standard and live up to be their own version of an Olympian as they aspire and dream to be such.

At the Open Meet, after a closer meet last spring with, this group of athletes reasserted short course dominance as they had done at last summer's long course championships. Their approach, like all great Olympians, was in the process of getting better. Working behind the scenes to be "*Faster, Higher, Stronger.*" With that approach they were able to see successes and prove their greatness.

At the Age Group Meet, confidence and excitement reigns supreme. For the age group athletes that train in our senior groups that are 13 and over, they gained confidence seeing the older ones swim so well the previous weekend. They came in with ultra confidence from knowing they had done the same work. The 12 and under athletes brought the energy and were so fired up to compete. Combined, they were an unstoppable force that acted like Olympians. Olympians have to have confidence to be successful and bring an energy that is unmatched. They, like the Open State Meet athletes, exemplified Olympian traits and excelled in every way.

We want to celebrate the accomplishments of not only the highlights listed below, but all athletes this year, the work they have done and the personal successes they have achieved. While we may focus highlights on wins and records, we are proud of all athletes for giving and doing their best! Well done and we are all looking forward to seeing continued FOCUS! We also wish the athletes best of luck in our upcoming Sectionals Championships in the suburbs of Dallas, TX.

Dig Deep!
Coach Jayme

Senior State Championship Highlights

The team of 63 athletes won the Senior State Championship scoring 4199.5 points winning with over double second place team points. The men's team won with 2195 points and the women won 1948.5.

Individual Event Winners

Rylee Simoneaux- 100 Backstroke and 200 Backstroke

Collin Candebat- 400 IM, 200 Fly and 200 IM

Alex Cooper- 1650 Freestyle and 1000 Freestyle

Calix Hammett- 200 Freestyle and 100 Freestyle

Relay Team Winners

Male 400 Free Relay

C. Hammett, J. Dejean, A. Cooper, C. Candebat

Male 400 Medley Relay

A. Cooper, Jer. Thomas, C. Candebat, C. Hammett

Top 24 Individual Finishers (Point Scorers)

Briggs Bargas, Sean Baudoin, **Isabella Borque, Owen Broussard**, Gracyn Calfo, Brayden Carnahan, **Andi Clement, C. Candebat, Alex Cooper**, Amielle Courville, **Jackson Dejean, Matthew Foret, Anna Guidroz, Calix Hammett, Paxton Heltz**, Eric Jurkovic, Sydney Kline, Dean Kolb, Austin Landry, Audrey Lemoine, Abigail Lewis, **Harrison Martin, Matthew Nguyen, Phillip Nguyen, Matthew Okonski, Ava Ostendorf, Lia Ostendorf**, Connor Owens, Gibson Pitalo, **Emma Romero, Lyla Roper, Doruk Sayal**, Ava Schoen, Spencer Simon, **Rylee Simoneaux**, Adam Stelly, Blake Talbert, **Jemia Thomas, Jeremiah Thomas**, Isabella Vargas, Noah Vargas, Sebi Vargas, Helen Wang, and **Emmy Wilkinson. *Top 8 Finisher**

Team Records

Senior and Open

Alex Cooper- 1650 Freestyle

First Time Qualifiers

Sectionals

Owen Broussard

Futures

Lyla Roper

Ava Ostendorf

Age Group State Championship Highlights

The team of athletes won the Age Group State Championship scoring 4402.5 points winning with nearly triple the amount of the 2nd place team. The men's team won with 2132 points and the women won 2196.5. The team finished the meet out with a 1-2 sweep in the combined gender mixed 200 Medley Relay.

Female Swimmer of the Meet

Sadie Allen

High Point Winners

9-10

Sadie Allen

Willie Chapman

11-12

Samantha Johnston

Eli Clavier

Individual Event Winners

10 & Under

Sadie Allen - 100 IM, 200 I.M. 50 Fly, 100 Fly, 50 Free and 100 Free.

Fiona Carmouche - 50 Back and 100 Back.

Eliana Nettles - 100 Breast

Willie Chapman - 100 IM, 200 I.M, 100 Free, 200 Free, 100 Fly and 50 Back

Andrew Zumbek- 100 Back and 50 Free

11-12

Samantha Johnston - 200 IM, 50 Back, 100 Back, 50 Fly and 100 Fly

Eli Clavier- 200 Free, 500 Free, 200 I.M.

13-14

Moly Mayo- 100 and 200 Breast

Von Ngyuen- 1650 Freestyle

Relay Team Winners

10 & Under

Female 200 Free Relay-

F. Carmouche, E. Nettles, I. Matherne, S. Allen

Female 200 Medley Relay-

F. Carmouche, E. Nettles , S. Allen, C. Demoruelle

Male 200 Free Relay-

A. Zumbek, C. Thurmond, L. Clavier, W. Chapman

Male 200 Medley Relay-

W. Chapman, L. Clavier, C. Thurmond, A. Zumbek

11-12 (12 & Under)

Female 200 Free Relay-

S. Johnston, A. Drennan, M. Liu, E. Landry

Female 200 Medley Relay-

A. Nguyen, A. Drennan, S. Johnston, E. Landry

Male 200 Free Relay-

H. Roedel, L. Myrick, A. White, E. Clavier

Male 200 Medley Relay-

H. Roedel, E. Clavier, L. Myrick, A. White

13-14 (14 & Under)

Female 200 Free Relay-	F. Kubricht, R. Roedel, M. Mayo, L. Talley
Female 200 Medley Relay-	E. Bennett, M Mayo, R. Roedel, L. Talley
Female 400 Free Relay-	M. Mayo, R. Roedel, L. Talley, M. Roberts
Female 400 Medley Relay-	E. Bennett, M. Mayo, R. Roedel, L. Talley
Male 200 Free Relay-	V. Nguyen, J. Lange,Z. Zhuang, J. Kirk
Male 200 Medley Relay-	J. Lange, C. Webb, V. Nguyen, J. Kirk
Male 400 Free Relay-	J. Kirk, J. Yacoub, J. Lange, V. Nguyen
Male 400 Medley Relay-	J. Lange, C. Webb, V. Nguyen, J. Kirk

*** The boys relays went 1-2 in the 200, 400 Free Relays and 400 Medley Relay*

Mixed 200 Medley Relay- E. Bennett, M. Mayo, V. Nguyen, J. Kirk

*** The B Team of J. Lange, C. Webb, R. Roedel, F. Kubricht finished 2nd!*

Top 8 Individual Finishers:

Austin Allen, **Sadie Allen**, **Eli Gray Bennett**, Denzel Caballero, **Fiona Carmouche**, **Willie Chapman**, Luke Clavier, **Eli Clavier**, Olivia Clayton, Colette Demoruelle, Richie Doming, **Adelaide Drennan**, Phillip Hart, **Peyton Heltz**, **Samantha Johnston**, **Jonathan Kirk**, Faith Kubricht, **Evie Landry**, Kate Landry, **Jamison Lange**, **Lilianna Latour**, **Milanda Liu**, Isabella Matherene, **Molly Mayo**, **Liam Myrick**, **Elliana Nettles**, Ai Nguyen, Maimi Nguyen, **Van Nguyen**, **Mary Claire Roberts**, Harrison Roedel, **Riley Roedel**, JJ Rush, **Lydia Talley**, **Cole Thurmond**, **Cooper Webb**, Max Williams, **Andrew White**, JJ Yacoub, Ziang Zhuang, and **Andrew Zumbek**.

**Top 3 Finisher in bold*

Team Records

9-10

Sadie Allen- 50, 100 Free, 50 Butterfly, 100 Butterfly, 100 IM and 200 IM

11-12

Samantha Johnston- 50 Fly

Eli Clavier- 500 Freestyle

13-14

Molly Mayo- 100 Breaststroke and 200 Breaststroke

Female 400 Free Relay- M. Mayo, R. Roedel, L. Talley, M. Roberts

Female 400 Medley Relay- E. Bennett, M. Mayo, R. Roedel, L. Talley

Mixed 200 Medley Relay- E. Bennett, M. Mayo, V. Nguyen, J. Kirk

State Records

9-10

Sadie Allen- 50 Butterfly and 50 Free

13-14

Female 400 Medley Relay- E. Bennett, M. Mayo, R. Roedel, L. Talley

Mixed 200 Medley Relay- E. Bennett, M. Mayo, V. Nguyen, J. Kirk

First Time Qualifiers

Futures

Molly Mayo