



Spring 2022 Practice Schedule for Novice Division

Swimmers must attend according to their registered days/class time due to coach/swimmer ratios. Making up a missed practice on an alternate day is not an option due to full classes.

Season Dates: January 31-May 12, 2022 or March 7 - May 12, 2022

Practice Days: Monday/Wednesday or Tuesday/Thursday

Practice Times / Pool Assignments by day & time

- *Outdoor pool as of March 7, 2022.*
- 3:40-4:20pm (5-8yrs)
- 4:30-5:10pm (5-8yrs)
- 5:15-5:55pm (8-10yrs)
- 6:00-7:00pm (10-14yrs)

No Practice Dates: Mon/Tues, April 18-19

Season Dues Payments

Enrollment for Novice is Season based. Dues will post to your saved payment method as follows:

- January to May enrollment:
 - 3:40pm, 4:30pm, 5:15pm: \$300 season dues. \$100 dues posts Feb 1, March 1, April 1.
 - 6:00pm groups: \$330 season dues. \$110 dues invoices posts on Feb 1, March 1, April 1.
- March to May enrollment:
 - 3:40pm, 4:30pm, 5:15pm: \$200 season dues. \$100 dues posts March 1, April 1.
 - 6:00pm group: \$240 season dues. \$120 dues posts on March 1, April 1.
- You can view your upcoming invoice or edit your payment method by logging into your Team Unify account <https://www.teamunify.com/team/laca/page/home>

Meet & Events Schedule

Sign up for meets on the Meet Info page and click Parent Resources tab for Meet FAQs
<http://www.crawfishaquatics.com/swim-team/meet-information/>

Friday, April 1: Crawfish Developmental Meet (USA Swimming Membership not required)

- This is a fun, easy, "first meet experience" for athletes and parents.

Friday, May 6: Crawfish Developmental Meet

- Make plans to race this day and celebrate all of your season improvements!

Saturday, April 30: CA Annual Swim-A-Thon and Silent Auction

- Novice division swimmers do not have fundraising obligations, however this is a fun team event and important program fundraiser and we would love to have your child participate! Swimmers have up to 2 hours in the pool to swim as many laps as they can (most of our younger swimmers will stay in for about an hour, swimming, taking breaks, and having fun trying to swim 20 laps, 40 laps, or more!).
-



What to Wear

- **Practice:** Goggles and any one piece suits for the girls and jammers or briefs for the boys (better movement in the water). Please tie long hair back and/or wear a swim cap. Swimmers should bring their towel with them so they can bundle up once they are out of the pool!
- **Team Store:**
 - Swim Suits- We do not sell swimsuits at the facility- some local sporting-good stores carry items year-round but the better options would be through our Team Store on SwimOutlet.com! Team suit is not a requirement.
 - Start here: <https://www.swimoutlet.com/crawfish> and shop for your swim suit & gear needs. Our team suit is also available for purchase through Swim Outlet.
 - Training Gear- there is no required training gear.
- **CA apparel-** We sell goggles and swim caps along with CA shirts and car decals. We will send out instructions for ordering apparel at the start of September.

Inclement Weather & the Outdoor Pool

-We do not have the pool space to properly serve all groups in the indoor pool in the event of inclement weather that requires us to close the outdoor pool. We will swim in light rain (as long as there is pool visibility). If we cannot practice in the outdoor pool we will cancel practice up until 15 minutes prior to the start of practice.

-Per our [Inclement Weather Policy](#), there are 2 rainouts budgeted for the season for the Novice groups before we guarantee a make up practice.

-After that, make ups will be scheduled (*when possible, we will schedule a make up even after just 1 rain out; these are done on a Saturday and typically around 11:15am*). Typically after the first rain out occurs, on the next occurrence groups in the indoor pool will cancel and we will move Novice inside. Please check your emails on rainy days & sign up for text alerts.

-Please review the policy in full for when we make advance decisions / when we will wait up until the start of practice and for how to sign up for Text Alerts.

You must sign up for **Weather Text Alerts through your TU account, see link to the Team News page for steps to add:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Communication & Resources

E-news

Please note that our primary communication will be through email and the weekly Enews sent out each Monday. Your Team Unify login email will be the email used for all communication. To add additional email addresses, login to your TU account.

Connect with Crawfish Aquatics online

- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>
- Website: <http://www.crawfishaquatics.com/swim-team/>