

2024 Summer Practice Schedule

Sr Black/ White

Monday - Saturday 6:45- 9:00am

Monday/ Wednesday 3:30- 5:00pm (Drylands/ Power Hour)

Jr Black

Monday- Saturday 6:45- 9:00am

Monday/ Wednesday 3:30- 5:00 (Drylands/ Power Hour)

Sr Red

Monday-Thursday 5:45- 7:15pm

Saturday 9:00- 10:30am

Jr White/ Red

Monday- Thursday 5:00- 6:30pm (Drylands/ Swim)

Saturday 9:00- 10:15am

8&Under

Monday- Thursday 5:00- 5:40pm

Masters

Monday/ Wednesday/ Friday 5:30- 7:00am

Tuesday/ Thursday 6:30- 7:30pm