

## 2025 Texas Summer Sectionals Itinerary Austin, TX

### Items to Remember:

1. *We will be swimming Thursday through Saturday Finals. No Sunday.*
2. Sports drinks or mix
3. Water bottles
4. Equipment- if you prefer for warm up. Talk to your coach to see if this something you should do.
5. Gels, Gu, caffeine products, bars, etc.
6. Warmups and all team attire necessary per dress code
7. Modifications will be made to the itinerary as necessary.

### Meet Info (There are several new items. Please read carefully!)

1. We will be swimming Thursday through Saturday Finals. If your athlete needs to swim on Sunday Prelims to get their fourth event for the reimbursement, please email Coach Jayme directly at [jayme@crawfishaquatics.com](mailto:jayme@crawfishaquatics.com). We want to get back to be prepared for State as well as being very fast in Austin!
2. The athletes will wear team Warmups at all sessions on deck and the proper team color shirt. We want to look like a team. You can have additional warm clothing such as parka and sweatshirts, but always wear team gear over the additional clothing and be proud to represent Crawfish Aquatics.
3. All athletes are expected to be at all sessions unless, this includes Prelims and Finals Sessions.
4. **CAPS:** Black Dome Cap or Black CA Cap. [red caps are reserved for state meets]
5. **WAIVERS:** **All athletes** will need to fill out a USA Swimming Competitor Waiver. Athletes will not be given their credentials until their waiver is turned in. Waivers will be sent out via email once I have received them from the meet host. Please have them completed for registration.
6. **WARM-UPS:**
  - a. Wednesday: 5:30pm at competition pool.
  - b. Thursday thru Sunday Prelims: warm-ups are 7:30-8:50 AM with Pace/Start lanes starting at 8:30 AM, meet start at 9:00 AM.
  - c. Thursday thru Saturday Finals: warm-ups are 4:00-5:20 PM with Pace/Start lanes starting at 5:00 PM, meet start at 5:30 PM.
7. **PARKING:** Parking for this event will be in the [Health Center Garage](#). Participants can purchase passes thru this link: <https://utparking.clickandpark.com/venue> . Choose "Lee & Joe Jamail Texas Swimming Center" as the venue.
8. **SPECTATORS:** Spectators may view the meet from the stands. Spectator tickets will be available for \$25 all session pass, or \$5 per session. Children 17 years old and younger are free. All ticket purchases must be made through the Ticket Spicket app. Spectators will be allowed into the building 1 hour prior to the start of the meet.
9. **TIMERS:** Volunteer timers are needed! Timers will receive free admission for the sessions they time. Coach Jayme will send out the link once it becomes available.
10. No Time Trials will be allowed for this meet. Please note, we have found in the past they have not been very valuable based on the time an athlete has to be at the pool. We are also swimming our 15 and Over State Meet the following weekend.
11. Will provide heat sheet info when available. Will be sent out as soon as it is available. Check your emails regularly.
12. Results will be on Meet Mobile- Search Austin, TX.
13. Prelim events will swim fastest to slowest.
14. Finals will have A, B, C, D, E finals for all events 200 yards and down. A, B, C, D Finals 400 Free & IM.
15. E Final is for 18 and Under Athletes. D Final in the 400 Free & IM is for 18 and Under Athletes.
16. Entire meet is swum in Long Course Meters (LCM).
17. Remember to print and get your site coach to sign your reimbursement form. Coach Jayme will have the form attached to this email with his signature already on the form.