

Tupelo's Top Invitational

March 4-7,2021

Sanction: Held under the sanction of USA Swimming Inc. and MS Swimming Inc.

Sanction #MSI # 2110 Time Trial# 2110TT

Host: Shockwave-Tupelo

Assumption of Risk:

We have taken enhanced health and safety measures. You must follow all posted instructions while in attendance of this swim meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending this meet, you voluntarily assume all risks related to exposure to COVID-19.

Covid19 Release:

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MISSISSIPPI SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

PUBLIC HEALTH:

All plans must comply with facility, local, state, and federal public health requirements. If there is an ambiguity between recommended guidelines, the most stringent should apply or local counsel should be consulted to provide guidance to follow. Mandated capacity limits must be followed •Until further notice, ingress to facility must include health screening questions and should include temperature screening either at the facility or prior to arrival, no person shall be admitted with a temperature over 100.4 F or in accordance with CDC guidelines for public health requirements.

Location: Tupelo Aquatic Center
692 North Veteran's Memorial Blvd.
Tupelo, MS 38804

Facility: Indoor 8 lane (m), 20 lanes (short course yard), 50 meters by 25-yard competition pool.

The competition venue for long course is one eight lane course, minimum width 9'. The depth is 7'5" to-12'5" for short course.

The competition venue for short course meters is an 8-lane course, minimum width 9' on the north end. The competition venue for short course yards may be set for 8-10 lanes depending on the number of participants, minimum width is 7'11". The depth ranges from 12'4" to 6'9"."

The competition courses have been certified in accordance with Article 104.2.22c (4).

Equipment includes Paragon Track Start Competitor blocks and Colorado Backstroke Starting Device.

The building is designed with permanent seating upstairs for 970 spectators/swimmers.

Bleacher seating for 500 swimmers located at pool deck level. **Only 200 swimmers will be allowed per session. Only 200 spectators allowed per session in spectator seating area.** The spectator number does not include the workers for the meet (ex: timers, runners, officials, etc.).

Bleacher seating on deck level will be designated for swimmers by teams.

The patio is available for swimmers/coaches not parents.

Continuous warm-up/cool down area is provided in the lanes open for warmup/cool down.

Hospitality will be provided for coaches and officials only.

Concessions will be provided (location t//b/d).

Parents and spectators are not allowed on the pool deck. Those individuals that are officiating, timing, runners and coaches will be allowed on the pool deck.

Locker rooms are available for athletes only. Enter and exit from pool area.

Spectators will use the restrooms in the lobby area.

Officials, coaches, and meet personnel will use the family bathrooms located on the pool deck by small pool.

Weather permitted, a tent will be set up outside on the northeast corner by meet management office for official and coaches' meetings', etc.

As a condition of this sanction, Shockwave agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines including face coverings, social distancing and mass gatherings. Masks/face coverings must be worn by all (staff, coaches, swimmers, volunteers, parents, guardians, siblings) inside all areas of the Tupelo Aquatic Center. All COVID-19 guidelines and mandates must be

followed provided by the City of Tupelo, Lee County, MS, USA Swimming, MS Swimming, Inc. Social distancing is required inside the facility and outside the facility.

Swimmers and spectators will enter and exit from the north natatorium doors. Do not enter or exit from any lobby doors of the building. *You will not be able to sit in the lobby area. Remember the air temp in the natatorium is swimmer friendly so dress appropriately.*

Timing: The timing system is a Colorado Time System 6, Colorado Aquagrip pads, Colorado System Full Matrix LED Scoreboards, and Hy-Tek 7 Meet Manager.

Rules: Current USA Swimming Rules and Regulations will govern the conduct of the meet unless otherwise noted herein.

Swimwear: Swimwear worn at MSI meets must conform to USA Swimming Rules and Regulations which can be found in Art. 102.8 and subsequent revisions thereof, its interpretation and provision for exemptions based on a swimmer's religious beliefs or medical condition.

Deck Change: Deck changes are prohibited.

Drones: Operation of a drone, or any other flying apparatus is prohibited over the venue (pools, athletic/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present.

Audio/Video: **No one will be allowed on the deck or behind the blocks to take video/and or pictures.**

Only the City of Tupelo employee, Leesha Faulkner and /or her designee will be allowed to take pictures/video from the deck for any participants in the meet.

Use of audio and/or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, and behind the blocks.

Only athletes are allowed in the locker rooms. Athletes should shower before entering the pool.

MAAPP: A USA Swimming Club/Team that hosts a sanctioned USA Swimming Swim Meet indicates acknowledgement of USA Swimming's Minor Athlete Abuse Prevention Policy (MAAPP). All USA Swimming members including athletes 18 yrs and older and adults attending this swim meet and interact with minor athletes are expected to comply with the MAAPP Policy. All chaperones, team managers, adult swimmers, meet directors, officials and non-member parents and meet volunteers who are attending the is swim meet are expected to understand and comply with MAAPP.

Eligibility: Invited teams and swimmers only.

The age of the swimmer on March 4,2021 determines the age for the entire swim meet.

All swimmers must be current USA Swimming registered athletes by date of entry deadline stated in the meet invitation.

If a swimmer is not properly registered with USA Swimming and competes in a sanctioned competition, MS Swimming will impose a fine of \$100.00 per event against an individual,

member coach or member club submitting the entry. Swimmers without current USA Swimming registration numbers will be rejected from the competition.

Coaches and Officials must be current USA Swimming members.

Swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

A USA Swimming member coach must supervise swimmers during warm-ups, cool downs and competition. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to the session.

Swimmers with disabilities are welcome. Please fill out the 'Information form for Disabled Swimmers' and email to the Meet Director and Referee.

Warm Up: Assigned lanes will be posted on doors around the competition pool. MSI warm guidelines will be followed. Supervised diving, backstroke starts and pace is permitted with one-way traffic.

Reporting: Swimmers in all events will report directly to the blocks/or start end of pool in correct assigned racing lane at the proper time. It is the responsibility of the swimmer to report to his/her assigned lane at the proper time.

Seeding: Seeding will be according to Article 102.5 of USA Swimming Rules and regulations.

Meet Format: *Senior events are for swimmers 13 and over only.* All events for the Senior events **except** for the 1650 Free and relays will be conducted as prelims-finals in accordance with USA Swimming Rules and Regulations. The 1650 will be swam on Thursday night and if the 1000 free split is wanted, you must declare the intent to the Meet Referee and Admin Referee. The 1650 will swim the fastest heat of girls, the fastest heat of boys and the remainder heats will be seeded as mixed females and males, fastest to slowest. The 1650, 400 IM and 500 free will be positive check-in. The top 8 seeded relays will swim in at night. All other relays will swim in the morning session. The final sessions swam in the evening will be broken out as 15 and older and 13-14 age group with A/B finals for each age group. All events for 9-10 and 11-12 will be conducted as time finals during their scheduled sessions.

Meet Schedule: T/B/A

Warmups and Competition: Start times will be announced prior to the meet depending on the number of swimmers participating to meet the facility COVID-19 rules.

Teams will be assigned lanes. Each team will need to adjust the number of swimmers per lane (4 per lane and only one swimmer should be on the wall at a time). Please split your time for warmups between your swimmers.

Breaks, if needed between events will be sent out with meet time lines. Additional breaks may be inserted at the discretion of the Meet Referee.

Entry Limit: Swimmers may enter up to 1(one) individual event and one relay event on Thursday, Senior events may enter up to 3 individual events on Friday, Saturday and Sunday plus one relay per session. 11-12, 9-10's may enter (4) four individual events on Friday plus (1) one relay event, Saturday (3) three individual events plus (1) one relay event, and Sunday (4) four individual events.

Relays: Each team is allowed to enter two relays (A, B) per session. *No relay only swimmers allowed in the meet.*

Bonus events: A swimmer may swim (1) one bonus event per event that he/she has a qualifying time but not to exceed the total entry limit per day.

Time trials will be swum on Friday, Saturday and Sunday. *A time trial count towards your daily limit of events.*

Time trials will be available on Friday, Saturday and Sunday and will be set by the meet referee. Time Trial requests are due each day to the admin referee along with your payment. Requests are due no later than one hour after the close of warm-ups. Swimmers must provide their own timers.

Entries: All individual and relay entries must be entered in SCY times. Teams must submit their electronic file via e-mail. Entries must be filled out including the swimmers best time in SCY.

Entry Error: If due to a Shockwave error, the swimmer will be deck entered in an open lane of the heat nearest his/her entry time or in a new heat. The entire heat will not be re-seeded.

Email entries to Alissa Kojima. ak813@comcast.net

An entry report will be provided after entry input; please review for accuracy.

No on deck USA Swimming Registrations will be accepted.

Eligibility for Time Recognition to the Swims Data Base: Times achieved by an athlete member at a sanction competition who is 18 years of age (+30-day grace period) who had not completed the Athlete protection Training of (whose APT training had expired) by the date of the swim, WILL NOT be uploaded to the SWIMS database.

Entry Fees: \$10.00 MSI, Inc per swimmer surcharge
\$5.00 per individual event
\$10.00 per relay event
\$15.00 per swimmer facility charge
\$10.00 per time trial event
All entry fees are non-refundable.

Make checks payable to Shockwave Aquatics.

Entry Deadline: Wednesday, February 24, 2021 by 5pm CST.

Late entries to add additional swimmers will be accepted by Monday, March 1st @ noon CST if there is availability.

Updated times will be accepted by Monday, March 1st @noon CST.

Must email a new mm file for any updated times and/or additional swimmers.

Lane Timer Assignments: Timers for the competition lanes will be assigned by teams.

Swimmers participating in the 500 Free and 1650 Free must provide their own timer and counter.

Swimmers participating in the 400 IM must provide their own timer.

All relay teams must provide their own timers.

Officials: Shockwave would greatly appreciate help from visiting teams. Please contact the Meet Referee if you have officials that can help officiate. Per USA Swimming, officials must carry their USA Swimming certification card on person for USA Swimming insurance coverage.

Four Hour Rule: If an age group event for the 12 and under swimmer is swum after the session has been running 4 hours, each involved swimmer has the option of either swimming the event or receiving a refund for that event. A swimmer desiring a refund must declare his/her intent to the Administrative Official/ Meet Referee. There will be no refund for swimmers not in attendance.

Heat Sheets: Will be posted on the shockwaveaquatics.com website for you to print.

Awards: Medals for the Top 3 finishers in their age group. (9-10,11-12,13-14,15 and over)

Awarded on the podiums. Schedule for awards to be announced. Coach from the top finisher of the event should award the medals.

Scoring: Top 16 places [20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1]
Relay points are double

Meet Director: Barbara Aguirre 662-401-7550
barbara.aguirre@tupeloms.gov

Meet Referee: Wade Kojima 601-668-3201
wkojima@comcast.net

Admin Referee: Alissa Kojima 847-809-9550
ak813@comcast.net

Hotels: www.tupelo.net

Comfort Inn and Suites is offering a rate of \$100.00 per night plus tax for a Dbl or King size room.

Comfort Suites

1064 Carter Cove, Tupelo, MS 3880

Main Phone: 662-432-1550

Fax Phone: 662-259-8459

This is a new hotel built in the past two years. They have swimmers on our team in Tupelo. It is located behind Lowes, by Hampton Inn and Suites, Buffalo Wild Wings, Olive Garden, the Barnes Crossing Mall area.

Hilton Garden Inn Rate is \$110.00 per night. Reservation code is SWIM to receive this rate.

363 E Main St

Tupelo MS 38804

662-718-5500

Use this link to make your reservation:

<https://www.hilton.com/en/book/reservation/rooms/?ctyhocn=TUPTUGI&arrivalDate=2021-03-04&departureDate=2021-03-07&room1NumAdults=1&cid=OM%2CWW%2CHILTONLINK%2Cen%2CDirectLink>

Located Down Town Tupelo. Restaurants in walking distance are the Grill, Mug Shots, Park Heights, KOK, Amsterdam Deli, Café 202, etc.

Thursday Evening Session Order of Events

Female

1

Senior 1650

(scored and awarded 13-14,15 and over)

2

9-12 Mixed 500 Free

(scored and awarded 9-10,11-12)

3

Senior 800 Freestyle Relay

Male

4

**Event 1 will swim the fastest heat of female, 2nd heat will swim fastest heat of males,

The remainder heats are mixed and seeded fastest to slowest.

The 1650 will need to provide their own timer and counter. If the intent of the swimmer/coach is to get the 1000 split, you must declare the intent to Referee and Admin Referee. The 1000 free splits will not be scored or awarded.

**Event 2 will swim fastest to slowest.

Event 1 and 2 will be awarded in their age group: 9-10,11-12, 13-14 and 15 and older.

The 500 Free and 1650 Free must provide their own timer and counter.

The 800 Free relays must provide their own timer. The Senior 800 Free Relay awarded as Senior Relay (not broken out by 15 and older, 13-14)

Friday Morning Session Order of Events

<u>Female</u>		<u>Male</u>
5	Senior 200 Free	6
7	Senior 100 Breast	8
9	Senior 100 Butterfly	10
11	Senior 400 IM**	12
13	Senior 400 Free Relay***	14

** 400 I.M. must provide their own timer.

** 400 Free Relay Team must provide their own timer. Top heat will swim in the evening finals. Awarded as Senior Relay (not broken out by 15 and older,13-14)

Friday Afternoon Session Order of Events

<u>Female</u>		<u>Male</u>
15	9-10 200 Free	16
17	11-12 200 Free	18
19	9-10 100 Breast	20
21	11-12 100 Breast	22
23	9-10 50 Butterfly	24
25	11-12 50 Butterfly	26
27	9-10 100 I.M.	28
29	11-12 100 I.M.	30
31	9-10 200 Free Relay	32
33	11-12 200 Free Relay	34

Friday Evening Session Order of Events

13	Senior 400 Free Relay***	14
5	Senior 200 Free	6
7	Senior 100 Breast	8
9	Senior 100 Butterfly	10
11	Senior 400 IM**	12

*** The Senior 400 Free relay top 8 relays swim in evening session. Must provide their own timer. Awarded as a Senior Relay (not broken out as 15 and older, 13-14)

Saturday Morning Session Order of Events

Female

35	Senior 200 Butterfly
37	Senior 50 Free
39	200 Breaststroke
41	100 Backstroke
43	**500 Freestyle

Male

36
38
40
42
44

** Swimmer must provide own timer and counter.

Saturday Afternoon Session Order of Events

45	9-10 100 Butterfly
47	11-12 100 Butterfly
49	9-10 100 Freestyle
51	11-12 100 Freestyle
53	9-10 50 Backstroke
55	11-12 50 Backstroke
57	9-10 200 Medley Relay
59	11-12 200 Medley Relay

46
48
50
52
54
56
58
60

Saturday Evening Session Order of Events

35	Senior 200 Butterfly
37	Senior 50 Free
39	200 Breaststroke
41	100 Backstroke
43	**500 Freestyle

36
38
40
42
44

** Swimmer must provide own timer and counter.

Sunday Morning Session Order of Events

Female

61	Senior 100 Freestyle
63	Senior 200 Backstroke
65	Senior 200 IM
67	Senior 400 Medley Relay

Male

62
64
66
68

** 400 Medley Relay teams must provide your own timer.

(The 400 Medley Relay will be awarded as Senior not broken out as 15 and older, 13-14)

** 400 Medley Relay Top 8 swim in evening session.

Sunday Afternoon Session Order of Events

69	9-10 50 Freestyle	70
71	11-12 50 Freestyle	72
73	9-10 50 Breaststroke	74
75	11-12 50 Breaststroke	76
77	9-10 100 Backstroke	78
79	11-12 100 Backstroke	80
81	9-10 200 I.M.	82
83	11-12 200 I.M.	84

Sunday Evening Session Order of Events

67	Senior 400 Medley Relay	68
61	Senior 100 Freestyle	62
63	Senior 200 Backstroke	64
65	Senior 200 I.M.	66

** The Senior Medley Relay Teams must provide their own timers.

Tupelo's Top TYR Invitation Qualifying Time Standards

13-14 Female	15 and Older Female	Event	15 and Older Male	13-14 Male
25.99	25.79	50 Free	22.89	24.39
56.09	55.79	100 Free	49.79	52.69
2:01.09	2:01.49	200 Free	1:48.99	1:53.59
5:25.89	5:24.79	500 Free	4:45.49	5:08.99
18:50.19	18:26.89	1650 Free	17.13.09	18:15.99
1:03.29	1:02.19	100 Back	55.79	59.89
2:16.19	2:13.79	200 Back	2:00.69	2:09.49
1:12.39	1:10.69	100 Breast	1:02.89	1:08.69
2:36.19	2:32.69	200 Breast	2:17.59	2:28.59
1:02.69	1:01.59	100 Butterfly	54.69	59.09
2:20.79	2:14.19	200 Butterfly	2:01.69	2:14.79
2:18.09	2:17.29	200 IM	2:03.19	2:10.49
4:51.29	4:49.69	400 IM	4:24.99	4:36.29
9-10 Female	11-12 Female	Event	11-12 Male	9-10 Male
32.39	28.49	50 Free	27.39	31.89
1:12.09	1:01.89	100 Free	59.79	1:11.39
2:38.59	2:14.89	200 Free	2:09.89	2:33.19
6:54.69	6:00.49	500 Free	5:50.89	6:47.49
37.49	32.09	50 Back	31.39	37.69
1:20.89	1:09.29	100 Back	1:07.19	1:20.69
42.59	36.19	50 Breast	34.99	41.99
1:33.69	1:18.39	100 Breast	1:15.49	1:32.19
36.89	30.79	50 Butterfly	30.19	36.09
1:24.79	1:08.69	100 Butterfly	1:06.79	1:23.49
1:22.49	1:10.79	100 IM	1:07.79	1:20.89
2:56.69	2:31.59	200 IM	2:26.00	2:55.09
9-10's Dbl AA plus 7%		11-12's Triple AAA's plus 7%		