

Warm Up February 27-28

Saturday

Session 1: 12-14yrs

7:30-7:55am

Competition Pool (Scoreboard)

- 1- CA BR, Senior White
- 2- CA BR, Senior White
- 3- CA BR, Senior White
- 4- CA BR, Senior White

- 5- CA BR, Senior Red
- 6- CA BR, Senior Red
- 7- CA BR, Senior Red
- 8- CA BR, Senior Red

Warm Down Pool (Record Board)

- 1- CA BR Junior
- 2- CA BR Junior
- 3- CA BR Senior Prep/Age Group
- 4- CA BR Senior Prep/Age Group

- 5- CA Lafayette
- 6- CA Lafayette
- 7- CA Lafayette
- 8- CA Lafayette

8:00-8:25AM

Competition Pool (Scoreboard)

- 1-8 Nu Wave

Warm Down Pool (Record Board)

- 1- FINS
- 2- FINS
- 3- FINS
- 4- CA, Nicholls
- 5- CA, Nicholls

- 6- CA, Nicholls
- 7- CA, Nicholls
- 8- CA, Nicholls

Session 2: Distance Races

Warm Up 10:00am. Meet Begins between 10:30-10:40am

Outdoor Pool- Crawfish, All Lanes

Warm Down Pool (Record Board pool)

- 1- FINS
- 2-4 NuWave
- 5-8 Meet warm up/warm down/Open

Session 3: 15 & Over

12:00-12:35pm

Competition Pool (Scoreboard)

1- CA, BR S Black

2- CA, BR S Black

3- FINS

4- FINS

5- NuWave

6- NuWave

7- NuWave

8- NuWave

Warm Down Pool (Record Board)

1- CA, BR S Black

2- CA, BR S Black

3- CA, BR S White

4- CA, BR S White

5- CA, BR S White

6- CA, BR S White

7- CA, BR S White

8- CA, BR S Prep

Outside

1-3 Crawfish, Lafayette

4-6 Crawfish, Nicholls

7-8 Crawfish, BR Senior Red

Session 4: 11 & Under

2:30-2:55pm

Competition Pool (Scoreboard)

1-Nu Wave

2-Nu Wave

3-Nu Wave

4-Nu Wave

5- FINS

6- FINS

7- CA Nicholls

8- CA Nicholls

Warm Down Pool (Record Board)

1- CA Lafayette

2-CA Lafayette

3- CA Lafayette

4-CA Lafayette

5-CA Lafayette

6- CA BR Junior Red

7- CA BR Junior Red

8- CA BR Age Group

Outside

1-8 CA BR Junior Black/White

SUNDAY

Session 5: 12-14yrs

7:30-7:55am

Competition Pool (Scoreboard)

- 1- CA BR, Senior White
- 2- CA BR, Senior White
- 3- CA BR, Senior White
- 4- CA BR, Senior White

- 5- CA BR, Senior Red
- 6- CA BR, Senior Red
- 7- CA BR, Senior Red
- 8- CA BR, Senior Red

Warm Down Pool (Record Board)

- 1- CA BR Junior
- 2- CA BR Junior
- 3- CA BR Senior Prep/Age Group
- 4- CA BR Senior Prep/Age Group

- 5- CA BR Senior Prep/Age Group
- 6- CA Lafayette
- 7- CA Lafayette
- 8- CA Lafayette

8:00-8:25AM

Competition Pool (Scoreboard)

- 1-8 Nu Wave

Warm Down Pool (Record Board)

- 1- FINS
- 2- FINS
- 3- FINS
- 4- CA, Nicholls
- 5- CA, Nicholls

- 6- CA, Nicholls
- 7- CA, Nicholls
- 8- CA, Nicholls

Session 6: Distance Races

Warm Up 10:00am. Meet Begins 10:40-10:50am. [warm up during Session 5 outside]

Outdoor Pool- Crawfish, All Lanes

Warm Down Pool (Record Board pool)

- 1- FINS
- 2-4 NuWave
- 5-8 Meet warm up/warm down/Open

Session 7: 15 & Over

12:15-12:55pm

Competition Pool (Scoreboard)

1- Open

5- NuWave

2- Open

6- NuWave

3- FINS

7- NuWave

4- FINS

8- NuWave

Warm Down Pool (Record Board)

1- CA, BR S White

5- CA, BR S White

2- CA, BR S White

6- CA, BR S White

3- CA, BR S White

7- CA, Nicholls

4- CA, BR S White

8- CA, Nicholls

Outside

1-3 Crawfish, Lafayette

4-6 Crawfish, BR Senior Red

Session 8: 11 & Under

Warm up: 2:45-3:10pm

Competition Pool (Scoreboard)

1-Nu Wave

5- FINS

2-Nu Wave

6- FINS

3-Nu Wave

7- CA Nicholls

4-Nu Wave

8- CA Nicholls

Warm Down Pool (Record Board)

1- CA Lafayette

5-CA Lafayette

2-CA Lafayette

6- CA BR Junior Red

3- CA Lafayette

7- CA BR Junior Red

4-CA Lafayette

8- CA BR Age Group

Outside

1-8 CA BR Junior Black/White