

Crawfish Aquatics Long Course Invitational 2022 Warm Up and Timing Assignments

LANE TIMERS - Friday

Head + 1-3: Crawfish

4: Nuwave

5: PAC

6: Christus

7: CREW

8: Elmwood

- One Timer Per lane

LANE TIMERS - Saturday/Sunday Morning [13 & Older- Sessions 2/4]

Head + 1-3: Crawfish

4: Nuwave

5: PAC

6: Christus

7: CREW

8: Sunkist

- One Timer Per lane

LANE TIMERS - Saturday/Sunday Afternoon [12 & Under- Sessions 3/5]

Head + 1-3: Crawfish

4: Nuwave

5: PAC

6: Christus

7: CREW

8: CCSC

- One Timer Per lane
- Sunday 400 Free and 400IM are provide own timer (Event #s 26 and 27)

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Sessions 1(FRIDAY PM)

Warm Up 1

4:15-4:40PM

Indoor (LCM)

1-8 CRAW

1-6: Jr. Grps Sr. P.. 8&U AG & HS [37]

7-8 Lafayette [11]

Outdoor (SCY)

1-8: CRAW

Senior Black, White & Red [31]

Warm Up 2

4:45-5:10PM

Indoor (LCM)

1-2 NuWave

3 Christus

4 Elmwood

5 YMCA Hub Fins

6 Sunkis

7 Americana YMCA

8 FINS + CREW

Outdoor (SCY)

1-4 NuWave

5-6 Christus

7-8 PAC & Rip Tide

SESSION 2 (SATURDAY AM)

Warm Up 1

7:15-7:45 AM

Indoor (LCM)

1-8 CRAW

1-2: Jr. Grps Sr. P.& AG [14]

3-5: Sr. Red [17]

6-8 Lafayette [22]

Outdoor (SCY)

1-8: CRAW

Senior Black & White [42]

Warm Up 2

7:50-8:20 AM

Indoor (LCM)

1-3 NuWave

4 Sunkist

5 CCSC

6 CREW

7-8 PAC & Rip Tide

Outdoor (SCY)

1-2 Americana YMCA

2-3 FINS

4-5 Elmwood

6 YMCA Hub Fins

7-8 Christus

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SESSION 3 (SATURDAY PM)

Warm Up 1

12:15-12:40 PM

Indoor (LCM)

1-4 CRAW

5 CCSC + Americana

6-8 Sunkist

Outdoor (SCY)

1-4: CRAW

5-8: OPEN

Warm Up 2

12:45-1:10 PM

Indoor (LCM)

1 CREW

2 Elmwood

3 NuWave

4 Christus

5 YMCA Hub Fins

6 FINS

7-8 PAC

Outdoor (SCY)

1-8 OPEN

SESSION 4 (SUNDAY AM)

Warm Up 1

7:15-7:45 AM

Indoor (LCM)

1-8 CRAW

1-2: Jr. Grps Sr. P.& AG [14]

3-5: Sr. Red [16]

6-8 Lafayette [22]

Outdoor (SCY)

1-8: CRAW

BR Senior Black & White [44]

Warm Up 2

7:50-8:20 AM

Indoor (LCM)

1- American YMCA

2- YMCA Hub Fins

3 FINS

4 Sunkist

5 Elmwood

6 CCSC

7 CREW

8 Christus

Outdoor (SCY)

1-5 NuWave

6-8 PAC & Rip Tide

SESSION 5 (SUNDAY PM)

Warm Up 1

12:00-12:25 PM

Indoor (LCM)

1-4 CRAW

5 CCSC + Americana

6-8 Sunkist

Outdoor (SCY)

1-4: CRAW

5-8: OPEN

Warm Up 2

12:30-12:55 PM

Indoor (LCM)

1 CREW

2 Elmwood

3 NuWave

4 Christus

5 YMCA Hub Fins

6 FINS

7-8 PAC

Outdoor (SCY) 1-8 OPEN