## 2024 Season Transition / Post Championship Meets Practice Breaks

## **2024 Short Course Season practice break**

<u>Junior/Senior</u>: 1-2 Days off following the Senior or Age Group State Championship meet- to be announced to specific groups with participants closer to this time.

## All Groups:

- Novice, 8 & U, Age Group, MS/HS Group, Junior, Senior
- No practice: Friday March 29 (Good Friday) through Sunday April 7
- Practices resume at regular schedule Monday April 8.

## **2024 Long Course Season/ Summer Post Season**

Junior & Senior Division: No practice July 24-August 6.

8 & U / Age Group Division: No practice July 29-August 13.

Novice Division: No practice July 29 - August 20.