

LAC 2025 Speedo Sectional Championship Series - 3/6/2025 to 3/9/2025**Session Report**

Session: 1A Thursday PM Girls Pool

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 200 Medley Relay Break: 5 Minutes:	39	5 u	05:00 PM	_____
Finals	3 Girls 1000 Freestyle Break: 5 Minutes:	48	6 u	05:29 PM	_____
Finals	5 Girls 400 Freestyle Relay Swimmers Counts for Warm-ups: 48 Entry / Heat Totals: Finish Time	39 ==== 126	5 u ==== 16	06:56 PM 07:16 PM	_____ _____ _____

Session: 1B Thursday PM Boys Pool

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	2 Boys 200 Medley Relay Break: 5 Minutes:	57	8 u	05:00 PM	_____
Finals	4 Boys 1000 Freestyle Break: 5 Minutes:	49	7 u	05:39 PM	_____
Finals	6 Boys 400 Freestyle Relay Swimmers Counts for Warm-ups: 49 Entry / Heat Totals: Finish Time	57 ==== 163	8 u ==== 23	07:15 PM 07:44 PM	_____ _____ _____

Session: 2A Friday Prelims Girls Pool

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	7 Girls 100 Freestyle	142	18 u	09:00 AM	_____
Prelims	9 Girls 200 Breaststroke	114	15 u	09:25 AM	_____
Prelims	11 Girls 200 Backstroke	102	13 u	10:09 AM	_____
Prelims	13 Girls 500 Freestyle Break: 5 Minutes: Swimmers Counts for Warm-ups: 317 Entry / Heat Totals: Finish Time	67 ==== 425	9 u ==== 55	10:46 AM 11:41 AM	_____ _____ _____

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Session: 2B Friday Prelims Boys Pool

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	8 Boys 100 Freestyle	189	24 u	09:00 AM	_____
Prelims	10 Boys 200 Breaststroke	129	17 u	09:31 AM	_____
Prelims	12 Boys 200 Backstroke	118	15 u	10:17 AM	_____
Prelims	14 Boys 500 Freestyle	109	14 u	10:57 AM	_____
	Break: 5 Minutes:				
	Swimmers Counts for Warm-ups: 393	=====	=====		
	Entry / Heat Totals:	545	70		
	Finish Time			12:13 PM	_____

Session: 3 Friday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Girls 100 Freestyle	40	5 u	05:00 PM	_____
Finals	8 Boys 100 Freestyle	40	5 u	05:10 PM	_____
Finals	9 Girls 200 Breaststroke	40	5 u	05:18 PM	_____
Finals	10 Boys 200 Breaststroke	40	5 u	05:35 PM	_____
Finals	11 Girls 200 Backstroke	40	5 u	05:50 PM	_____
Finals	12 Boys 200 Backstroke	40	5 u	06:06 PM	_____
Finals	13 Girls 500 Freestyle	40	5 u	06:22 PM	_____
Finals	14 Boys 500 Freestyle	40	5 u	06:52 PM	_____
	Break: 5 Minutes:				
Finals	15 Girls 200 Freestyle Relay	42	6 u	07:24 PM	_____
Finals	16 Boys 200 Freestyle Relay	60	8 u	07:40 PM	_____
	Swimmers Counts for Warm-ups: 268	=====	=====		
	Entry / Heat Totals:	422	54		
	Finish Time			08:00 PM	_____

Session: 4A Saturday Prelims Girls Pool

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	17 Girls 200 Freestyle	109	14 u	09:00 AM	_____
Prelims	19 Girls 100 Breaststroke	134	17 u	09:34 AM	_____
Prelims	21 Girls 100 Butterfly	141	18 u	10:01 AM	_____
Prelims	23 Girls 400 IM	98	13 u	10:28 AM	_____
	Break: 5 Minutes:				
	Swimmers Counts for Warm-ups: 314	=====	=====		
	Entry / Heat Totals:	482	62		
	Finish Time			11:38 AM	_____

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Session: 4B Saturday Prelims Boys Pool

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	18 Boys 200 Freestyle	164	21 u	09:00 AM	_____
Prelims	20 Boys 100 Breaststroke	165	21 u	09:47 AM	_____
Prelims	22 Boys 100 Butterfly	197	25 u	10:18 AM	_____
Prelims	24 Boys 400 IM	111	14 u	10:52 AM	_____
	Break: 5 Minutes:				
	Swimmers Counts for Warm-ups: 417	=====	=====		
	Entry / Heat Totals:	637	81		
	Finish Time			12:02 PM	_____

Session: 5 Saturday Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	17 Girls 200 Freestyle	40	5 u	05:00 PM	_____
Finals	18 Boys 200 Freestyle	40	5 u	05:15 PM	_____
Finals	19 Girls 100 Breaststroke	40	5 u	05:28 PM	_____
Finals	20 Boys 100 Breaststroke	40	5 u	05:38 PM	_____
Finals	21 Girls 100 Butterfly	40	5 u	05:48 PM	_____
Finals	22 Boys 100 Butterfly	40	5 u	05:57 PM	_____
Finals	23 Girls 400 IM	40	5 u	06:07 PM	_____
Finals	24 Boys 400 IM	40	5 u	06:34 PM	_____
	Break: 5 Minutes:				
Finals	25 Girls 800 Freestyle Relay	30	4 u	07:03 PM	_____
Finals	26 Boys 800 Freestyle Relay	48	6 u	07:38 PM	_____
	Swimmers Counts for Warm-ups: 243	=====	=====		
	Entry / Heat Totals:	398	50		
	Finish Time			08:25 PM	_____

Session: 6A Sunday Prelims Girls Pool

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	27 Girls 200 Butterfly	88	11 u	09:00 AM	_____
Prelims	29 Girls 100 Backstroke	118	15 u	09:29 AM	_____
Prelims	31 Girls 200 IM	137	18 u	09:55 AM	_____
Prelims	33 Girls 50 Freestyle	202	26 u	10:43 AM	_____
	Break: 5 Minutes:				
Finals-S	35 Girls 1650 Freestyle	25	4 u	11:12 AM	_____
	Swimmers Counts for Warm-ups: 341	=====	=====		
	Entry / Heat Totals:	570	74		
	Finish Time			12:23 PM	_____

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Session: 6B Sunday Prelims Boys Pool

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	28 Boys 200 Butterfly	134	17 u	09:00 AM	_____
Prelims	30 Boys 100 Backstroke	151	19 u	09:41 AM	_____
Prelims	32 Boys 200 IM	155	20 u	10:12 AM	_____
Prelims	34 Boys 50 Freestyle	195	25 u	11:01 AM	_____
	Break: 5 Minutes:				
Finals-S	36 Boys 1650 Freestyle	41	6 u	11:28 AM	_____
	Swimmers Counts for Warm-ups: 406	=====	=====		
	Entry / Heat Totals:	676	87		
	Finish Time			01:06 PM	_____

Session: 7 Sunday Finals

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Girls 200 Butterfly	40	5 u	05:00 PM	_____
Finals	28 Boys 200 Butterfly	40	5 u	05:16 PM	_____
Finals	29 Girls 100 Backstroke	40	5 u	05:30 PM	_____
Finals	30 Boys 100 Backstroke	40	5 u	05:41 PM	_____
Finals	31 Girls 200 IM	40	5 u	05:51 PM	_____
Finals	32 Boys 200 IM	40	5 u	06:06 PM	_____
Finals	33 Girls 50 Freestyle	40	5 u	06:21 PM	_____
Finals	34 Boys 50 Freestyle	40	5 u	06:28 PM	_____
Finals-1	35 Girls 1650 Freestyle	8	1 u	06:34 PM	_____
Finals-1	36 Boys 1650 Freestyle	8	1 u	06:53 PM	_____
	Break: 5 Minutes:				
Finals	37 Girls 400 Medley Relay	41	6 u	07:15 PM	_____
Finals	38 Boys 400 Medley Relay	58	8 u	07:46 PM	_____
	Swimmers Counts for Warm-ups: 306	=====	=====		
	Entry / Heat Totals:	435	56		
	Finish Time			08:23 PM	_____