

Friday Afternoon Warm-up and Timing Assignments

Warm Up: 4:30-5:05pm; Meet Start: 5:15pm

Provide Own Timer for 1000 and 1650 Free

Scoreboard End Pool

Lane 1 SPAR
Lane 2 NOA
Lane 3 NOA/FINS
Lane 4 FINS
Lane 5 TAQ
Lane 6 TAQ
Lane 7 TAQ
Lane 8 TAQ

Recordboard End Pool

Lane 1 CRAW
Lane 2 CRAW
Lane 3 CRAW
Lane 4 CRAW
Lane 5 CRAW
Lane 6 CRAW
Lane 7 CRAW
Lane 8 CRAW

Outdoor Pool

Lane 1 CRAW
Lane 2 CRAW
Lane 3 CRAW
Lane 4 CRAW
Lane 5 CRAW
Lane 6 CRAW
Lane 7 CRAW
Lane 8 CRAW

Timing- 1 per lane (Events 1-3 Only)

Lanes 1-8 CRAW

15 & O Session Warm-Up and Timing Assignments- Saturday & Sunday

All Team Warm up: 7:25-7:55am

Meet Start: 8:05am

Scoreboard End Pool

Lane 1 TAQ
Lane 2 TAQ
Lane 3 TAQ
Lane 4 TAQ/WAVE
Lane 5 FINS
Lane 6 SPAR
Lane 7 NOA/ES/SLST
Lane 8 SLST

Recordboard End Pool

Lane 1 CRAW
Lane 2 CRAW
Lane 3 CRAW
Lane 4 CRAW
Lane 5 CRAW
Lane 6 CRAW
Lane 7 CRAW
Lane 8 CRAW

Timing- 1 per lane

Lane 1 CRAW
Lane 2 CRAW
Lane 3 CRAW
Lane 4 CRAW
Lane 5 CRAW
Lane 6 CRAW
Lane 7 SPAR
Lane 8- TAQ

10 & U Warm-Up and Timing Assignments- Saturday & Sunday

Warm Up: 10:20-10:45am, Meet Start: 10:55am

Scoreboard End Pool

Lane 1 TAQ
Lane 2 TAQ
Lane 3 TAQ
Lane 4 FINS
Lane 5 FINS/SPAR
Lane 6 NOA
Lane 7 NOA
Lane 8 ES

Recordboard End Pool

Lane 1 SLST
Lane 2 SLST
Lane 3 CRAW
Lane 4 CRAW
Lane 5 CRAW
Lane 6 CRAW
Lane 7 CRAW
Lane 8 CRAW

TIMING- 1 per lane

Lane 1 CRAW
Lane 2 CRAW
Lane 3 CRAW
Lane 4 CRAW
Lane 5 CRAW
Lane 6 CRAW
Lane 7 SLST
Lane 8 FINS

11-14 Session Warm-Up and Timing Assignments- Saturday & Sunday

Saturday Warm up: 12:45-1:10pm **Meet Start:** 1:20pm

Scoreboard End Pool

Lane 1 FINS
Lane 2 FINS
Lane 3 SLST
Lane 4 SLST
Lane 5 ES
Lane 6 ES/SPAR
Lane 7 NOA
Lane 8 AMYZ

Recordboard End Pool

Lane 1 TAQ
Lane 2 TAQ
Lane 3 TAQ
Lane 4 TAQ
Lane 5 TAQ
Lane 6 CRAW
Lane 7 CRAW
Lane 8 CRAW

Outdoor Pool

Lane 1 CRAW
Lane 2 CRAW
Lane 3 CRAW
Lane 4 CRAW
Lane 5 CRAW
Lane 6 CRAW
Lane 7 CRAW
Lane 8 CRAW

Timing- 1 per Lane

Lane 1 CRAW
Lane 2 CRAW
Lane 3 CRAW
Lane 4 CRAW
Lane 5 CRAW
Lane 6 SLST
Lane 7 FINS
Lane 8 TAQ