## Session 1: 14 & Under Warm-Up and Timing Assignments, Saturday

| Warm up: 8:00-8:30am |                              | Provide your timer: #29-30 500 Free |
|----------------------|------------------------------|-------------------------------------|
| Scoreboard End Pool  | Record Board Pool            | Timing- 1 per lane                  |
| Lane 1 CRAW-Laf      | Lane 1 CRAW-BR Jr Red        | Lane 1 CRAW                         |
| Lane 2 CRAW-Laf      | Lane 2 CRAW-BR Jr Bl & Jr Wh | Lane 2 CRAW                         |
| Lane 3 CRAW-Laf      | Lane 3 CRAW-BR Jr BI & Jr Wh | Lane 3 CRAW                         |
| Lane 4 CRAW-Laf      | Lane 4 CRAW-BR Jr Bl & Jr Wh | Lane 4 CRAW                         |
| Lane 5 CRAW-AG, HS   | Lane 5 CRAW-BR Jr BI & Jr Wh | Lane 5 CRAW                         |
| Lane 6 CRAW-AG, HS   | Lane 6 CRAW-BR Jr Bl & Jr Wh | Lane 6 CRAW                         |
| Lane 7 CRAW-AG, HS   | Lane 7 CRAW-BR Jr BI & Jr Wh | Lane 7 CRAW                         |
| Lane 8 CRAW-AG, HS   | Lane 8 CRAW-BR Jr Bl & Jr Wh | Lane 8 CRAW                         |
|                      |                              | Head CRAW                           |

## Session 2 13 & Over: Warm-Up and Timing Assignments, Saturday

| Warm Up 11:30am-12:00pm | Provide your timer: #55-56 1000 Free |                    |
|-------------------------|--------------------------------------|--------------------|
| Scoreboard End Pool     | Record Board Pool                    | Timing- 1 per lane |
| Lane 1 CRAW-BR Sr Red   | Lane 1 CRAW-BR Sr Bla                | Lane 1 CRAW        |
| Lane 2 CRAW-BR Sr Red   | Lane 2 CRAW-BR Sr Bla                | Lane 2 CRAW        |
| Lane 3 CRAW-BR Sr Red   | Lane 3 CRAW-BR Sr Wh                 | Lane 3 CRAW        |
| Lane 4 CRAW-BR Sr Red   | Lane 4 CRAW-BR Sr Wh                 | Lane 4 CRAW        |
| Lane 5 CRAW-LAF         | Lane 5 CRAW-BR Sr Wh                 | Lane 5 CRAW        |
| Lane 6 CRAW-LAF         | Lane 6 CRAW-BR Sr Wh                 | Lane 6 CRAW        |
| Lane 7 CRAW-LAF         | Lane 7 CRAW-BR Sr Wh                 | Lane 7 CRAW        |
| Lane 8 CRAW-LAF         | Lane 8 CRAW-BR Sr Wh                 | Lane 8 CRAW        |
|                         |                                      | Head CRAW          |

# **Team Seating**

Team/Athlete seating is in the assigned indoor bleachers. Spectator seating is in the outdoor bleachers along the garage doors.

#### **Pool Map: Team & Spectator Seating Layouts**

- \*\* A/BC/D/E/F + Viewing Area reserved for parents and spectators only
- \*\*\*Seating also available in K,L,M
- \*\*\*\*Parents and spectators use the outdoor viewing areas.
- \*\*\*\*\*Swimmers will line up in the back hallway for their heats.

## **Seating- All Sessions**

Crawfish- 1-6