

Capital City Swim League October 9, 2011

Warm up 12:00-12:40PM; Meet Begins: 12:40PM

WARM-UP ASSIGNMENTS-

SCOREBOARD END POOL

Lane 1 Lutcher
Lane 2 Lutcher
Lane 3 Lutcher
Lane 4 Lutcher
Lane 5 Lutcher
Lane 6 ZHS
Lane 7 ZHS
Lane 8 ZHS

GYM END POOL

Lane 1 Plaquemine
Lane 2 St.Michael
Lane 3 St.Michael
Lane 4 St.Amant
Lane 5 St.Amant
Lane 6 DSHS
Lane 7 DSHS
Lane 8 DSHS

OUTDOOR POOL

Runnels, Lanes 1-2
Episcopal, Lanes 3-6
St.James, Lanes 7-8

TIMING ASSIGNMENTS- 2 timers per lane; report at 12:30PM

Lane 1 Denham Springs
Lane 2 St.James / Plaquemine
Lane 3 St.Michael
Lane 4 Zachary
Lane 5 Episcopal
Lane 6 St.Amant / Runnels
Lane 7 Lutcher
Lane 8 Lutcher

Results posted at crawfishaquatics.com under School Leagues