

Capital City Swim League September 10, 2011 PM Meet

WARM-UP ASSIGNMENTS

Warm up: 12:15-12:45PM

SCOREBOARD POOL

Lane 1 Catholic
Lane 2 Catholic
Lane 3 Catholic
Lane 4 Catholic
Lane 5 St.Michael
Lane 6 St.Michael
Lane 7 Walker
Lane 8 Walker

GYM END POOL

Lane 1 Episcopal
Lane 2 Episcopal
Lane 3 Episcopal
Lane 4 Episcopal
Lane 5 DSHS
Lane 6 DSHS
Lane 7 DSHS
Lane 8 DSHS

OUTDOOR POOL

No Diving in the outdoor pool

Lane 1 Dunham
Lane 2 Dunham
Lane 3 EA
Lane 4 EA
Lane 5 EA
Lane 6 SJA
Lane 7 SJA
Lane 8 SJA

TIMING ASSIGNMENTS- 2 timers per lane; report by 12:45PM

Lane 1 Catholic
Lane 2 SJA / Dunham
Lane 3 SJA
Lane 4 Walker
Lane 5 St.Michael
Lane 6 Episcopal
Lane 7 EA
Lane 8 DSHS

Results posted at crawfishaquatics.com under School Leagues