



CRAWFISH AQUATICS IN LAFAYETTE PENTATHLON

- Date:** Saturday, August 20, 2011
- Times:**
- | | |
|--------------------------|------------|
| Warm-up and Registration | 9:00 a.m. |
| Registration closes | 9:30 a.m. |
| Meet Starts | 10:00 a.m. |
- Sanction #** Sanctioned by the Southern LMSC for USMS Inc. (Pending)
- Facilities:** Crawfish Aquatics/Lafayette
107 Susan Street
Lafayette, LA 70506
Exit 103A, go south toward Morgan City. Turn right on Louisiana Ave.
Continue onto Johnston Street. Turn right onto Foreman Drive. Turn left
onto Susan Street.
Eight lane, 25 yard pool; 4 foot depth entire pool.
- Rules/Eligibility:** 2011 USMS Rules shall govern. All participants must be registered with United States Masters Swimming. A copy of your USMS card is required with the completed entry.
- Age Groups:** 18-24, 25-29, 30-34, 35-39, 40-44, etc (increasing in five-year increments).
- Results:** Will be available on the Internet at www.crawfishaquatics.com
- Director:** Thomas Clavier swimcraw@crawfishaquaticslafayette.com
- Awards:** Participation awards will be presented to all who complete the Pentathlon.
- Registration:** The current 2011 USMS registration card is valid through December 31, 2011. All entries must be postmarked by August 12, 2011. Entries received after this date will be accessed a \$5 late fee.
- Seeding/Prediction:** Swimmers will be seeded slowest to fastest by predicted cumulative time as noted on the entry form. Add your projected times from the five events in your selected course to obtain a predicted cumulative time

Entry Fee:

\$25.00 payable to **Crawfish Aquatics**

Prior to August 12, 2011, please mail completed entry form, copy of USMS card, and check (payable to Crawfish Aquatics) to:

Jeff Maynor, Crawfish Aquatics Pentathlon
8276 Menlo Drive
Baton Rouge, LA 70808

Late entries after August 12, 2011 can be sent by E-mail to jmaynor@alumni.lsu.edu ; a copy of the USMS card and entry fees (including late fee) will be collected upon arrival at the meet. Late fees - \$5 after August 12, 2011.

Come be the first to compete in the new outdoor facility at Crawfish Aquatics in Lafayette!

****ENTRY FORM****

**CRAWFISH AQUATICS
PENTATHLON**

Sanctioned by the Southern LMSC for USMS Inc.,

Name: _____ Birthdate: _____ Sex: _____
Address: _____ City/State: _____
Zip Code: _____ Phone: _____ USMS #: _____
Team Name: _____ Team Abbreviation: _____
Email Address: _____

Check desired course. Choose only one course. All distances in yards.

_____ Ironman (200 fly, 200 back, 200 breast, 200 free, 400 IM)

_____ Middle Distance (100 fly, 100 back, 100 breast, 100 free, 200 IM)

_____ Sprint Distance (50 fly, 50 back, 50 breast, 50 free, 100 IM)

Predicted cumulative time/seeding time (see entry information): _____

Note: the overall Order of events shall begin with the 200 fly, then 100 fly, 50 fly, the 200 back, 100 back, 50 back, then 200 breast and so forth.

LIABILITY RELEASE:

“I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise, informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES, INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING ALL CLAIMS FOR LOSS FOR DAMAGES CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATS MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.”

Signature: _____ Date: _____

Mail completed entry with USMS card copy and \$25.00 entry fee payable to Crawfish Aquatics to:

Jeff Maynor, Crawfish Aquatics Pentathlon
8276 Menlo Drive
Baton Rouge, LA 70808.

Late entries after August 12, 2011 can be sent by E-mail to jmaynor@alumni.lsu.edu ; a copy of the USMS card and entry fees (including late fee) will be collected upon arrival of the meet.