

Louisiana Swimming 8 & Under Regional Championship July 23-24, 2011 Hosted by: Crawfish Aquatics, Baton Rouge, LA

Meet Sanction and Host Team

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #
Crawfish Aquatics, LLC Meet Host

Meet Administration

Ron Moore	Meet Referee
Courtney Roedel	Meet Director, swimcraw@crawfishaquatics.com
William Newport	Head Coach, swimcraw@crawfishaquatics.com
	Phone (225) 769-4323

Meet Schedule

Saturday and Sunday, July 23-24, 2011
Warm-up: 9:00AM Meet: 10:15AM each day

Facilities

Crawfish Aquatics Pool located inside Ketcham on the campus of Jimmy Swaggart Ministries,
7150 Bluebonnet Boulevard, Baton Rouge, La. 70810
Indoor, heated, eight-lane 50 meter pool with moveable bulkhead. Non- turbulent lane ropes,
lane width seven feet; pool depth four feet (middle) to 13 feet (start/turn ends.).
Separate warm-up/warm-down area available.
Colorado 6000 with Infinity starter, touch pads with button and stopwatch backup.

Parking

Crawfish Aquatics parking lot is located off of Anselmo Lane. Do not park in the Ketcham Fitness lot off of Bluebonnet! From Bluebonnet, turn on Anselmo and follow it past the Capitol One Bank. Turn left at the first paved road, Crawfish Aquatics sign. Continue 1/4 mile, the pool is in the first building on the left.

Rules, Regulations and General Information

1. Current 2010-2011 USA Swimming technical rules and code of regulations and Louisiana Swimming rules will govern this meet.
2. Coaches and officials may be required to show proof of USA Swimming membership by the meet referee.
3. Swimmers must have current 2011 USS registration. **This is a closed championship meet.**
4. Swimmers must be 8 years of age or younger and age as of July 23, 2011 determines the swimmer's age for the meet.
5. All events will be timed finals.
6. Swimmers may enter 3 individual events and 1 relay event per day.
7. There is an LSI surcharge of \$7.00 per entered swimmer. Fees are \$2.50 per individual event and \$8.00 per relay payable to "Crawfish Aquatics."
8. At the discretion of the Meet Referee, late entries will be accepted up to 30 minutes prior to the start of each session. Late entries will be accepted only if there is an empty lane. Late entry fees are double and payable upon entry

9. "Swimmers with a disability as described in the USA Swimming Technical Rules, Article 105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc."
10. The locker room areas and shower facilities will be restricted to use for restrooms, changing area and bathing only. No horseplay, eating or "hanging out" in this area.

Warm-up & Procedures

Lane assignments for warm-up sessions will be posted prior to Saturday's warm-ups. There will be two 30 minute warm up sessions. USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative.

Timing Assignments

Each team will provide timers in proportion to meet entries in a session. Timers will report 10 minutes prior to the start of each session.

Clerk of Course

Event cards will be used for all 25-yard events. These cards will either be distributed to coaches at the start of the meet or will be distributed at clerk of course. Coaches with 20+ swimmers should designate a coach or experienced parent to help identify swimmers in the clerk of course area. Please indicate who this parent will be if you designate a parent for this area. All other spectators WILL NOT BE ALLOWED in the Clerk of Course area.

Entry Fees \$2.50 per event
 \$8.00 per relay
 \$7.00 surcharge, fees payable to **Crawfish Aquatics**

Entry Procedure

Entries are due in the hand of the meet director no later than Friday, July 15, 2011.
Electronic Entries must be emailed to:

Crawfish Aquatics
swimcraw@bellsouth.net

Entry fee check for correct amount of fees payable to Crawfish Aquatics must accompany entries or paid before events are contested if entries sent by e-mail.

Scoring

The top 16 places in each event will be scored.

Individual 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards

- *Top 3 finishers in each event will receive medals & 4th-16th finisher in each event receive ribbons.
- *High point awards will be awarded to the top male and female point scorers in the 6 & under, 7 years and 8 years age groups.
- *Team trophies will be presented to the top 3 teams based on combined male and female points, for individual and relays.

Timing Assignments

Each team will provide timers in proportion to meet entries in a session. Timers report 10 minutes prior to the start of each session.

Coaches Meetings

Any necessary meetings will take place 15 minutes prior to the start of the session's events, or when deemed necessary by the meet referee.

Hotel for Out of Town Participants

Hyatt Hotel- 6080 Bluebonnet Blvd, 70809

Special Nightly Rate for Crawfish Aquatics Meet Participants- \$89

**See Crawfish Website Event Calendar for Booking Link (must book through online link url)*

Event Schedule:

Saturday, July 23

Female		Male
1	8 YR 25 yd freestyle	2
3	7 YR 25 yd freestyle	4
5	6 & U 25 yd freestyle	6
7	8 YR 25 yd backstroke	8
9	7 YR 25 yd backstroke	10
11	6 & U 25 yd backstroke	12
13	8 YR 100 yd IM	14
15	7 & U 100 yd IM	16
17	6 & U 100 yd Free Relay	18
19	8 & U 100 yd Free Relay	20

Sunday, July 24

Female		Male
21	8 YR 25 yd breaststroke	22
23	7 YR 25 yd breaststroke	24
25	6 & U 25 yd breaststroke	26
27	8 YR 25 yd butterfly	28
29	7 YR 25 yd butterfly	30
31	6 & U 25 yd butterfly	32
33	8 YR 50 yd freestyle	34
35	7 & U 50 yd freestyle	36
37	6 & U 100 yd Medley Relay	38
39	8 & U 100 yd Medley Relay	40