

# **CRAW – CCSC- FINS Tri Meet**

## **December 10-11, 2010**

***In Partnership with Toys for Tots of Baton Rouge, Lafayette, Metairie & Mandeville, families are asked to bring gift donations to the meet instead of paying meet entry fees. Information on page 2.***

### Meet Sanction and Host Team

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #  
Crawfish Aquatics, LLC Meet Host

### Meet Administration

Courtney Roedel                      Meet Referee  
    Meet Director, swimcraw@crawfishaquatics.com  
    Phone (225) 769-4323, FAX (225) 706-1636

### Facilities

-Maynard Ketcham Health & Fitness Bldg. on the campus of Jimmy Swaggart Ministries,  
**7150 Bluebonnet Boulevard, Baton Rouge, La. 70810**  
-Parking is located adjacent to the pool and on the side of the building.  
-Indoor, heated, eight-lane 25 yard pool. Non- turbulent lane ropes, lane width seven feet;  
pool depth four feet (middle) to 13 feet (start and turn ends.).  
-Separate warm-up/warm-down area available.  
-Colorado 6000 electronic timing system with Infinity starter, touch pads with button and  
stopwatch backup.

### Meet Schedule

Friday warm up: 4:30PM (5:15PM start)  
13 & Older warm up: 8:00AM (9:15AM start)  
12 & Under warm up: not before 11:00AM (meet begins 45 minutes after start of warm ups)

### Rules, Regulations and General Information

1. Current 2010 USA Swimming technical rules and code of regulations and Louisiana Swimming rules will govern this meet.
2. Coaches and officials may be required to show proof of USA Swimming membership by the meet referee.
3. Age as of December 10, 2010 determines the swimmer's age for the meet.
4. All events will be timed finals.
5. Swimmers may enter 3 individual events each day.
6. At the discretion of the Meet Referee, late entries will be accepted up to 15 minutes prior to the start of each session. Late entries will be accepted only if there is an empty lane. Late entry fees are double and payable upon entry
7. "Swimmers with a disability as described in the USA Swimming Technical Rules, Article 105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc."

### Warm-up Procedures

USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative.

### Scoring

Top 8 places will be scored individually and for relays.

\*9-12 events will be scored 9-10, 11-12

\*12 & U events will be scored 10 & U, 11-12

\*Senior Events will be scored as 14 & U, 15 & O

### Awards

Awards for 8 & U events, Friday Session (ribbons 1<sup>st</sup> – 8<sup>th</sup>)

### Timing Assignments

Each team will provide timers in proportion to meet entries in a session. Timers report 10 minutes prior to the start of each session.

### **Entry Fees & Surcharge**

1. LSI Surcharge of \$4 per swimmer.

2. Entry Fee- rather than a standard entry fee of \$2.5 per event entered, CA, CCSC, & FINS will be partnering to donate presents to local chapters of Toys for Tot.

**Please bring your un-wrapped gift to the meet and drop off at the gift table.**

### **About U.S. Marine Corps Reserve Toys For Tots**

Marine Toys for Tots Foundation, an IRS recognized 501(c)(3) not-for-profit public charity is the fund raising, funding and support organization for the U. S. Marine Corps Reserve Toys for Tots Program. The Foundation was created at the behest of the U. S. Marine Corps and provides support in accordance with a Memorandum of Understanding with the Commander, Marine Forces Reserve, who directs the U. S. Marine Corps Reserve Toys for Tots Program. The Foundation has supported Toys for Tots since 1991.

The mission of the U.S. Marine Corps Reserve Toys for Tots Program is to collect **new, unwrapped toys** during October, November and December each year, and distribute those toys as Christmas gifts to needy children in the community in which the campaign is conducted.

## Event Schedule:

### Friday

<u>Female-Male</u>	<u>Event</u>
1-2	8&U 25 Fly
3-4	8&U 25 Back
5-6	9-12 200IM
7	Sen 400 IM mixed (4 heats)
8-9	8&U 25 Breast
10-11	8&U 25 Free
12-13	9-12 200 Free
14	Sen 500 Free mixed (6 heats)

### Saturday AM- All events mixed gender

15	Sen 200 Free
16	Sen 200 IM
17	Sen 100 Fly
18	Sen 200 Fly
19	Sen 50 Free
20	Sen 100 Back
21	Sen 200 Back
22	Sen 100 Breast
23	Sen 200 Breast
24	Sen 1000 Free ( 4 Heats)

### Saturday PM

<u>Female-Male</u>	<u>Event</u>
25-26	12&U 100IM
27-28	12&U 50 Free
29-30	12&U 50 Fly
31-32	12&U 100 Fly
33-34	12&U 50 Back
35-36	12&U 100 Back
37-38	12&U 50 Breast
39-40	12&U 100 Breast
41-42	12&U 100 Free