



**Allstate Sugar Bowl Invitational Swim Meet**  
**December 2 - 4, 2011**

- Sanctioned By:** Louisiana Swimming, Inc. **Sanction #**
- Hosted By:** Crescent City Swim Club
- Meet Referee:** Orlene Lockhart - Rykosky
- Meet Director:** Mike Falati
- Meet Coordinator:** Janice Roth
- Location:** University of New Orleans - Lakefront Arena Aquatic Center, New Orleans, Louisiana.70148
- Dates & Times:** Friday - Warm-ups = 4:00 PM; Events = Not before 5:10 PM  
Saturday - Morning Session - Warm-ups = 8:00 AM; Events = 9:10 AM  
                  Afternoon Session - Warm-ups = 12:00 PM; Events = 1:00 PM  
                  Evening Session - Warm-ups = 4:00 PM; Events = 5:10 PM  
Sunday - Morning Session - Warm-ups = 7:00 AM; Events = 8:10 AM
- Facilities:** Competition will be on a twenty-five yard course in an eight lane, indoor fifty meter pool with Kiefer-McNeil non-turbulent racing lane ropes. Weather permitting, a twenty-five yard outdoor pool will also be available for warming up/down.
- Rules:** Current United States Swimming technical rules and code of regulations will govern this meet.

**Timing:** Primary will be Colorado automatic 6000 timing system, with 8-lane scoreboard. Secondary will be manual-electronic with two buttons per lane. Tertiary will be minimum of one watch per lane with head timer's watch on first place in each heat.

**Scratches:** All scratches for Saturday's finals must be turned in within 30 minutes from being announced. Swimmers who miss a finals/consuls event will be scratched from their next event unless deemed eligible by the meet referee.

**Eligibility:** This meet is open to U.S.S. registered swimmers who belong to teams, which are invited! *"Swimmers with a disability as described in the USA Swimming Technical Rules, Article 105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc."*

**Entry Times:** Entry times will be the "BB" times taken from the 2009-2012 National Age Group Motivational Times.

**Event Limits:** Each swimmer may enter and swim 3 events for Friday's Time Final events and Saturday's Prelims and Finals. Each swimmer may enter and swim 4 events for Saturday afternoon and Sunday's Time Final events.

**Entries:** Entries are due by Monday November 28, 2011 and will be limited to the first 550 swimmers received. All entries received after the due date or when limit is reached will be promptly returned. Entries must be mailed or delivered to:

Allstate Sugar Bowl Invitational Swim Meet  
104 Yellowstone Street  
Kenner, La. 70065

You can E-mail HyTek entries to "[jerothjr@cox.net](mailto:jerothjr@cox.net)", but please send your paper copy along with your check for entries.

All seed times must be best "BB" short course yard times. Full name, age, and current USS number must be included for all entries.

The Allstate Sugar Bowl Invitational Swim Meet uses Hy-Tek "Meet Manager" software to run the meet.

If you use Hy-Tek systems, please email for the meet event file.

All Louisiana Swimming, Inc. teams must send their entries in a HyTek entry file.

**Entry Fees:** Fees are \$3.50 for each entered individual event and \$8.00 for each entered relay. Louisiana Swimming, Inc. accesses a surcharge of \$4.00 for each entered swimmer. Entry fee checks must be made payable to:

"Crescent City Swim Club"

**Late Entries:** All late entries for prelims or timed final events will be considered at the discretion of the meet director. These will be limited to swimmers of teams already entered in the meet and only where there are open lanes in a heat. Fees for late entries will **be \$5.00 for individual events.**

**Scoring:** Team scores for all individual and relay events will be kept for this meet. Points will be awarded as follows: Individuals: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

**Awards:** Team awards are trophies to the top three (3) teams. Individual awards are given to the high point finishers in each age group. Points earned in Open events will not count in other age groups for high point. Medals are given to the top three finishers in all individual events. Each participant will receive a "Allstate Sugar Bowl" meet cap.

**Officials:**

Teams having Certified USS officials who will work the meet are asked to please submit their names and phone numbers to the meet coordinator.

**Timers:**

All teams must provide timers in proportion to the number of swimmers entered in each session. All timers must report to the session head timer 10 minutes prior to the start of each session.

**Warm-ups:**

USS rules require that all warm-up sessions be closely supervised. Each lane must be supervised by either a coach or team representative who is a member of United States Swimming. They must be stationed by the starting blocks when swimmers are diving in. All warm-up assignments will be posted at the pool prior to the first day's events. Deck marshals will be stationed to oversee each warm-up session. The pool will be available to participating teams for practice sessions beginning the morning of the first day.

**USS Membership:**

**All coaches or assistant coaches attending this meet must present proof of coach's membership in United States Swimming when checking in to pick up their team's meet package.**

**Meet Meetings:**

All necessary meetings will take place 15 minutes prior to the start of each session, or when deemed necessary by the meet referee.

**Concessions:**

Food and drink will be available at the Arena concession stand. Heat sheets will be sold at the beginning of each session.

**Hospitality:**

A hospitality room for all meet coaches, meet officials and Sugar Bowl guests will be available during the meet.

**Facility Rules:**

The University of New Orleans insists that teams attending this meet inform all their coaches, swimmers, parents, and spectators to comply with the following facility regulations:

1. All food must be consumed in the concession area or outside.
2. Smoking is prohibited in the facility.
3. Glass containers and all ice chests are not allowed inside the facility.
4. Do not leave any items unattended.
5. Posters, balloons, etc. may not be fixed anywhere in the facility.
6. No horseplay in the locker rooms or on the deck. Violation of this rule is grounds for ejection from the meet.
7. No use of cell phones in the locker room.
8. Comply with directions given by lifeguards, marshals, t-shirt security, or other meet officials.
9. Team banners may only be hung on wires provided on the rear of the seating area.
10. Do not tape anything to the colored sections above the seating.

**Please direct all questions to Mike Falati at (504) 838-9384.**

**E-mail: [ccscnola@aol.com](mailto:ccscnola@aol.com)**

**ORDER OF EVENTS**

**Friday December 2, 2011 - Warm-ups- 4:00 PM; Competition not before 5:10 PM.**

**Swim 3 events maximum**

<b><u>FEMALE</u></b>		<b><u>EVENT</u></b>		<b><u>MALE</u></b>		
1.	6:13.69	Open	500	Freestyle (TF)	2.	5:44.19
3.	3:19.39	10&U	200	Individual Medley (TF)	4.	3:18.09
5.	2:50.69	12&U	200	Individual Medley (TF)	6.	2:49.39
7.	5:35.49	Open	400	Individual Medley (TF)	8.	5:05.99
9.	NT	10&U	200	Medley Relay (TF)	10.	NT
11.	NT	11-12	200	Medley Relay (TF)	12.	NT
13.	NT	13-14	200	Medley Relay (TF)	14.	NT
15.	NT	Open	200	Medley Relay (TF)	16.	NT

## ORDER OF EVENTS

**Saturday December 3, 2011 - Morning Preliminaries: Warm-ups - 8:00 AM; Competition - 9:10 AM**

**Top 16 girls and boys will come back for consolation/finals  
Swim 3 events and 1 relay maximum**

<u>FEMALE</u>		<u>EVENT</u>		<u>MALE</u>	
17.	1:07.39	13-14	100 Freestyle (PR)	18.	1:02.19
19.	1:08.29	11-12	100 Freestyle (PR)	20.	1:07.89
21.	1:21.59	10&U	100 Freestyle (PR)	22.	1:19.99
23.	2:42.99	13-14	200 Individual Medley (PR)	24.	2:31.99
25.	1:20.09	11-12	100 Individual Medley (PR)	26.	1:17.59
27.	1:33.79	10&U	100 Individual Medley (PR)	28.	1:31.19
29.	1:13.49	13-14	100 Butterfly (PR)	30.	1:08.09
31.	1:20.19	11-12	100 Butterfly (PR)	32.	1:18.69
33.	42.99	10&U	50 Butterfly (PR)	34.	41.99
35.	1:24.09	13-14	100 Breaststroke (PR)	36.	1:18.09
37.	1:29.29	11-12	100 Breaststroke (PR)	38.	1:27.79
39.	47.79	10&U	50 Breaststroke (PR)	40.	47.89
41.	1:14.19	13-14	100 Backstroke (PR)	42.	1:09.59
43.	1:21.09	11-12	100 Backstroke (PR)	44.	1:19.09
45.	43.49	10&U	50 Backstroke (PR)	46.	43.69
47.	NT	13-14	200 Free Relay (TF)	48.	NT
49.	NT	11-12	200 Free Relay (TF)	50.	NT
51.	NT	10&U	200 Free Relay (TF)	52.	NT

**Saturday December 3, 2011 - Afternoon Time Finals: Warm-ups - Noon; Competition - 1:10 PM**

**Swim 4 events maximum**

<u>FEMALE</u>		<u>EVENT</u>		<u>MALE</u>	
53.	2:20.29	Open	200 Freestyle (TF)	54.	2:07.89
55.	1:21.49	Open	100 Breaststroke (TF)	56.	1:13.19
57.	1:10.99	Open	100 Butterfly (TF)	58.	1:03.59
59.	1:11.69	Open	100 Backstroke (TF)	60.	1:04.19
61.	2:37.39	Open	200 Individual Medley (TF)	62.	2:22.59
63.	1:04.89	Open	100 Freestyle (TF)	64.	58.09
65.	NT	Open	200 Free Relay (TF)	66.	NT

**Saturday December 3, 2011 - Evening Finals: Warm-ups - 4:00 PM; Competition - 5:10 PM**

**Consolation/finals events 9 thru 38**

**Sunday December 4, 2011 - Morning Time Finals: Warm-ups - 7:00 AM; Competition - 8:10 AM**

**Swim 3 events maximum**

<u>FEMALE</u>		<u>EVENT</u>		<u>MALE</u>	
67.	30.09	Open	50 Freestyle (TF)	68.	26.59
69.	2:31.49	12&U	200 Freestyle (TF)	70.	2:27.49
71.	2:40.99	13&UP	200 Butterfly (TF)	72.	2:31.99
73.	1:20.19	12&U	100 Butterfly (TF)	74.	1:17.59
75.	3:00.69	13&UP	200 Breaststroke (TF)	76.	2:49.39
77.	1:29.29	12&U	100 Breaststroke (TF)	78.	1:27.79
79.	2:39.59	13&UP	200 Backstroke (TF)	80.	2:29.79
81.	1:21.09	12&U	100 Backstroke (TF)	82.	1:19.09