

Capital City Middle School Swim League CLUSTER GROUP 2, SEPT 30

WE WILL HAVE ONE 35 MINUTE WARM UP SESSION: 3:45 – 4:20PM.
MEET BEGINS AT 4:30PM. *TIMERS PLEASE REPORT FOLLOWING WARM UP.*

WARM UP SESSION ASSIGNMENTS- 3:45-4:20PM ***RELAYS LINE UP IMMEDIATELY FOLLOWING THE COMPLETION OF WARM UP***

WARM-UP ASSIGNMENTS- All pools cleared & relays lining up 4:05PM

GYM END POOL	COMPETITION POOL	OUTDOOR POOL
Lane 1 West Feliciana	Lane 1 St.Jude	Lane 1 Brusly
Lane 2 West Feliciana	Lane 2 St.Jude	Lane 2 FST
Lane 3 Episcopal	Lane 3 St.Jude	Lane 3 FST
Lane 4 Episcopal	Lane 4 STM	Lane 4 FST
Lane 5 Lutcher	Lane 5 STM	
Lane 6 Lutcher	Lane 6 PBS	
Lane 7 Lutcher	Lane 7 PBS / BRIS	
Lane 8 "PARDS" schools	Lane 8 Dunham	

TIMING ASSIGNMENTS- 2 timers per lane; report by 4:05PM

Lane 1 St. Jude
Lane 2 St.Jude / Parkview
Lane 3 FST
Lane 4 FST / Brusly
Lane 5 Episcopal
Lane 6 STM
Lane 7 Lutcher
Lane 8 West Fel

Results posted at crawfishaquatics.com under School Leagues