

Goal Laps Per Group

These are the goal laps set by the coaches for each group for Swim-a-Thon. Swimmers in all groups except for the Blue and Red group are allowed to swim more than their goal laps and are encouraged to do so.
See coaches for modifications to any of the groups.

Blue	200
Red	200
White	200
Yellow	120 -160
Green	80-100
HS Swim Group	160
11-13 Spring Swim Team	100-120
9-10 Spring Swim Team	80
7-8 Spring Swim Team	60
6 & Under Spring Swim Team	40